

# GENERAL INFORMATION PACK

AFTER 18 YEARS AGAIN IN THE CZECH REPUBLIC

# EUROPEAN TAEKWON-DO CHAMPIONSHIPS

**APRIL 19 - 26, 2020**  
**TIPSPORT ARENA**  
**PRAGUE**



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Středočeský kraj

# 2020

[WWW.TAEKWONDO.CZ](http://WWW.TAEKWONDO.CZ)

## OFFICIAL LOGO



# 1 ORGANIZER & PROMOTER

## 1.1 MAIN CONTACT

Main contact e mail address for this EITF Championship: [support@eitf-taekwondo.org](mailto:support@eitf-taekwondo.org)

Please ALWAYS USE THIS EMAIL ADDRESS ONLY. Messages sent to this email are automatically sent to the Tournament Committee, Organizer and IT Provider. By contacting us via this email we will be able to identify the responsible person and respond to your questions quicker.

## 1.2 PROMOTER:

### Europe ITF Taekwon-Do Federation

Alexandra Gate,  
Ffordd Pengam  
Cardiff Cf24 2SA, Wales

[www.eitf-taekwondo.org](http://www.eitf-taekwondo.org)

## 1.3 ORGANIZER:

### Czech Taekwon-Do Federation ITF

Zátopkova 100/2  
169 00 Praha 6  
Czech Republic

[www.taekwondo.cz](http://www.taekwondo.cz)

## 1.4 ORGANIZING COMMITTEE

**GM Michael E. Prewett**, president of EITF, chairman of EITF Umpire Committee

**Mr. Ladislav Burian**, chairman of EITF Tournament Committee

**Mr. Marek Lazor**, president of Czech Taekwon-Do Federation ITF

## 1.5 UMPIRE COMMITTEE

Grand Master Michael E. Prewett, IX. Degree

Grand Master Gary Miller, IX. Degree

Master Emin Durakovic, VIII. Degree

Master Vergilly Sitnilski, VII. Degree

Mr. Igor Scheglov, VI. Degree

## 1.6 TOURNAMENT COMMITTEE

Mr. Ladislav Burian

Master Lefteris Polydorou

Ms. Carrie King

Ms. Ilona Uzlova

Mr. Jan Labik

## 1.7 IT SERVICES

Mr. Ivan Rajtr

Mr. Jan Rajtr

## 2 BASIC INFORMATION

### 2.1 DATE:

**19<sup>th</sup> - 26<sup>th</sup> April 2020**

### 2.2 VENUES:

#### Registration place:

**Hotel DUO \*\*\*\***

Teplická 492,  
190 00 Praha 9  
Czech Republic

[www.hotelduo.cz](http://www.hotelduo.cz)

GPS: 50.1267778N, 14.4859056E

#### Sports hall:

**TipSport Arena**

Za Elektrárnou 419/1  
170 00 Praha 7-Bubeneč

[www.tipsportarena-praha.cz](http://www.tipsportarena-praha.cz)

GPS: 50.1072236N, 14.4339781E

### 2.3 CHAMPIONSHIP OFFICIAL WEBSITE:

[www.2020prague.eu](http://www.2020prague.eu)

### 2.4 RULES:

This Championship will be held in accordance with these documents:

- General Information Pack (this document)
- EITF Tournament Standards
- ITF Tournament Rules

The competition is based on the ITF Tournament Rules. Some rules are mentioned in this General Information Pack in order to either emphasize or update and clarify several rules. In other words, if there is a conflict between “ITF Tournament Rules” and “General Information Pack”, then the rules in this document are applicable, as they are of higher priority.

**Dear Grand Masters, Masters, Presidents, Instructors, and Coaches,**

Thank you for the opportunity to host the European Taekwon-Do ITF Championships in the Czech Republic again, after 18 years.

Upon your many wishes, we have decided to hold the Championships in the Czech capital, the world-famous and history-rich city of Prague.

We will do our best so you can enjoy not only the Championships but also your whole one-week stay in Prague.

We are certain you will love Czech food and appreciate the quality of accommodation. The best ones of you will eventually carry home, in the Olympic year of 2020, the valuable titles of European Champion.

We are also preparing some surprises for you, which will undoubtedly become a standard for future EITF or even ITF events.

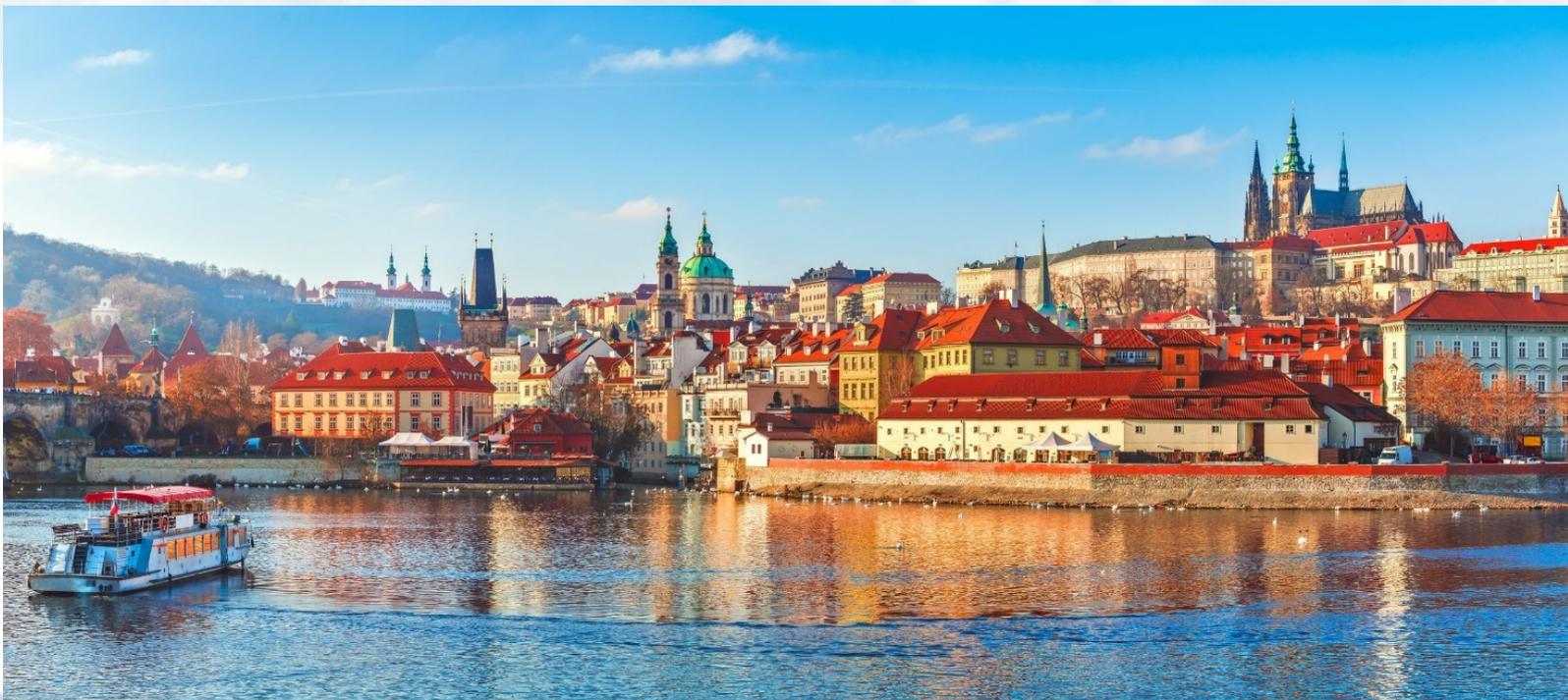
Enjoy the 2020 European Championships in Prague, experience the Czech Taekwon-Do and the Czech Republic and its capital.

Sincerely yours in Taekwon-Do,

Marek Lazor  
President of Czech Taekwon-Do Federation ITF



## WELCOME TO PRAGUE



More information about Prague: [www.welcometoprague.eu](http://www.welcometoprague.eu)

## 3 PREPARATION FOR THE CHAMPIONSHIP

### 3.1 VISA

Countries requiring a visa to the Czech Republic should contact their nearest consulate. The waiting period after applying for visas might vary, therefore please ensure that you apply in plenty of time.

**Deadline for NGBs to ask for confirmation of participation: 31<sup>st</sup> March 2020**

### 3.2 APPLICATION FOR THE CHAMPIONSHIP

Applications must be sent ONLY via the official online registration:

- <https://tkd.applicationdata.eu>
- Login credentials are the same as last year. These were also sent to all NGBs together with this document. Should you have any problems accessing the online application, please contact us.

#### 3.2.1 Accommodation Deadline: 31<sup>st</sup> January 2020

This deadline requires NGBs to submit only the “Preliminary Accommodation” section completed.

You need to complete:

- The number of persons
- The dates of arrival and departure

The overall number of all participants and their accommodation packages is mandatory, but you do not need to put in specific names of competitors etc.

Every change of accommodation details (number of nights, types of rooms and such like) after the deadline may be penalized by higher hotel prices because the package prices will no longer be guaranteed. Other parts of the application form (competitors, teams, etc.) do not have to be completed at this point, or they can be amended.

#### 3.2.2 Final Deadline for teams to send the full application: 5<sup>th</sup> April 2020

**After this Final deadline ALL changes will be penalized.** We have moved the deadline as close to the Championship as technically possible to give you more time to finalize the application. But please bear in mind, that **after this deadline each and every change will be charged!** Therefore, during Registration coaches will check the application, but they will need to pay for each and every change of any item in the application, should they need to make any.

Please do not forget to fill in all the important parts of the application:

- List of all competitors, their disciplines and team membership
- List of all teams, including self-defence
- Coaches
- VIPs (please see the *EITF Tournaments Standards* document to know who can be accredited as VIP)
- NGB members
- Umpires (both invited and not invited)
- Photos of all participants (JPG, max. resolution 75dpi, max. size 45kB) must be inserted into the application software. Failing to do so might be subject to additional charges.

### 3.3 TRANSPORTATION & ARRIVAL

#### 3.3.1 Transportation options

Organizers will provide transportation for teams from any of the following:

- Václav Havel Prague Airport
- [www.prg.aero](http://www.prg.aero), <https://g.page/prague-airport-letiste-praha?share>
- 22 km to Hotel DUO, approx. 30-60 min
- Prague main train station (“Praha hlavní nádraží”)
  - <https://goo.gl/maps/hJFEiK67dw7JksQ57>
  - 9 km to Hotel DUO, approx. 15-30 min
- train station “Praha Holešovice”
  - <https://goo.gl/maps/mHPYu7kmwg9zEumE7>
  - 5 km to Hotel DUO, approx. 10-20 mins
- train station “Praha Libeň”
  - <https://goo.gl/maps/ff9DSLQgDMWzUiAG6>
  - 7 km to Hotel DUO, approx. 10-20 mins

Teams arriving with their own bus or cars should arrive at Hotel DUO car park

- address: Teplická 492, Praha 9
- GPS: 50.1267778N, 14.4859056E
- [www.hotelduo.cz](http://www.hotelduo.cz)

#### 3.3.2 Arrivals

All necessary information about your arrival must be filled in only in the Application:

- Type of transportation (flight/train/bus/ferry)
- Dates and times of arrivals and number of all NGB participants (including invited and not invited umpires, VIPs and other team members)
- Dates and times of departure of all participants
- Flight, train or bus numbers, where applicable

Transportation from/to the Airport, sports hall and meeting point (Hotel DUO) will be arranged by the organizer. Transportation will not be available to anyone making their own booking (i.e. not via the Application website) Teams arriving by other means should proceed to the meeting point at the designated time (please see the Schedule section).

**Deadline for NGBs to inform the organizer of all their dates and times of their arrivals, departures and total number of people: 5<sup>th</sup> April 2020**

**The latest time of arrival to Registration: Sunday, 19<sup>th</sup> April, 19:00**

Only 1 coach or other responsible person, appointed by its NGB, is required to come for the registration and payment. The rest of the team may arrive later (see below). Arrival time means the time of arrival to registration room (not the airport), so please plan your time accordingly.

**Latest time of arrival for the whole team (all competitors): Monday, 20<sup>th</sup> April, 16:00**

Arrival time means time of arrival to the weight-check room (not the airport), so please plan your time accordingly.

### 3.4 PAYMENTS & PENALTIES

#### 3.4.1 Payment

Deposits of **200 €** (non-refundable) per person must be sent to

|                               |                                     |
|-------------------------------|-------------------------------------|
| <b>Account number (IBAN):</b> | CZ87 0300 0000 0002 9022 6402       |
| <b>SWIFT code (BIC):</b>      | CEKOCZPP                            |
| <b>Name of the bank:</b>      | ČESKOSLOVENSKÁ OBCHODNÍ BANKA, a.s. |
| <b>Bank Address:</b>          | Radlická 333/15, 15057, Praha 5     |

**Deadline for payment of deposit: 31<sup>st</sup> January 2020**

The remainder of the payment will be due in cash at the venue registration after confirmation of the final application forms and after the accommodation payment.

Travellers/Bank cheques, Visa, Mastercard, Amex or Diners Cards **will not** be accepted.

#### 3.4.2 Fees

- **EITF annual fee: 200 €** per NGB
- **Individual entry fee: 100 €** per competitor.
- Individual entry fee must also be paid by those competitors, who are competing as team members only.
- **Team entry fee: 40 €** per team per discipline, including self-defence
- **Accreditation fee for countries using their own accommodation during their stay at the EITF Championship event, i.e. if not booking via the Organizer: 250€** per person

This charge will be made for any countries who book their own accommodation for any of the competition dates (Monday-Monday) and do not use the services of the organiser.

(Note: After payment, these participants, who have booked their own accommodation, will receive an ID card and other package services, including lunch and dinner in the sports hall, but excluding other accommodation-related services)

#### 3.4.3 Penalties

- **Accommodation application sent after Accommodation deadline:** There is no penalty, but after this deadline, proposed package prices are not guaranteed and may be much higher, depending on individual hotels.
- **Application form sent after deadline: 200 €**
- **Each and every change of the application after the Final deadline: 150 €**
- **Change to the ID card (after it was accepted by the coach): 50 €**
- **ID card replacement: 5 €**
- **Missing photos of participants in the application form: 15 €**
- **Separate invoices (for each competitor): 1 €** per invoice
- **Cancellation of accommodation within 5 days prior to the registration date: 150 €** per person
- **Late arrivals:**
  - **Penalty for late arrival of responsible person to the registration: 300 €**
  - **Penalty for late arrival of the whole team to the competitor's check: 100 €** per participant

Note: These penalties will be applied unless the late arrival is totally out of participant's control. However, participants need to plan their arrivals with adequate travel time allowing for usual potential delays caused by flight delays, high volume of traffic, etc. (it is recommended that you allow yourselves at least 2 extra hours before the deadline time)

### 3.5 ACCOMMODATION

Hotel DUO \*\*\*\* [www.hotelduo.cz](http://www.hotelduo.cz)



| Duration of stay  | Package      |
|-------------------|--------------|
| 5 days / 4 nights | <b>360 €</b> |
| 6 days / 5 nights | <b>450 €</b> |
| 7 days/ 6 nights  | <b>540 €</b> |
| 8 days/ 7 nights  | <b>630 €</b> |
| Extra Day         | <b>90 €</b>  |

All prices above are per person for a double room. For single room supplements it is an additional **40 €** per day. Should you need accommodation for additional or fewer days, please contact the organizer.

Payment notice: If the deposit for accommodation is paid after **31st January 2020**, these prices are not guaranteed.

Each package includes:

- Accommodation
- Transport from/to airport or train/bus station
- Full board (breakfast, lunch, dinner), including basic non-alcoholic drinks
- Free entrance to the sport hall during competition days
- Free entrance to the opening ceremony
- Free entrance to the after party
- Medical assistance during the competition days (only for injured competitors)
- Program for VIP guests

### 3.6 REGISTRATION

Only one (1) responsible person per NGB (coach or other responsible representative) is needed to register the whole team and to make the payments. The rest of the team are able to arrive later to attend the Competitor's check. Registration is only possible between the given office hours. NGBs who fail to attend on time might be suspended from the Championship or may pay a penalty for late registration. (This decision is at the discretion of the Organizing committee)

**The latest time of arrival to registration: Sunday, 19<sup>th</sup> April, 19:00**

### 3.7 COMPETITOR'S CHECK

All competitors must be present. They will be checked for:

- Nationality - passport of the country, VISA or other residency document (e.g. employer card, student card) must be presented to prove that the competitor may compete for their country
- Black Belt ID card
- ITF passport
- Weight check for those who are competing in sparring

Each competitor will have to sign a Liability waiver form as introduced in the ITF rules.

After completion of the checks by all NGB members the ID cards for all the competitors will be given to the coach.

**Latest time of arrival for the whole team (all competitors): Monday, 20<sup>th</sup> April, 16:00**

### 3.8 DOPING TEST

The doping test can be performed on any randomly selected competitor. A Competitor who declines the doping test or does not come on time will be disqualified.

## 4 CHAMPIONSHIP RULES AND REGULATIONS

### 4.1 COMPETITION RULES

This Championship is held in accordance with the **ITF rules** (2018 update), unless stated otherwise in specific cases. If not covered by the ITF rules then the EITF rules will apply.

### 4.2 COMMON RULES VALID FOR ALL AGE CATEGORIES:

- Only ITF affiliated NGBs and ITF registered black belt holders can participate in the Championship. This is with exception to the Children's category, where Red Belts (2<sup>nd</sup> Kup) and above may compete.
- The degree and age of competitors must be valid and identical on both degree certificates and ITF Passports.
- It is the responsibility of each competitor to have their own health insurance. The organizer is not responsible for any damage or losses.
- Tatami used for Taekwon-Do disciplines will be of standard size 9 by 9 metres with 1m of safety border (11 x 11 metres total).
- The Competitors must follow the ITF dress code. Only competitors who are wearing the official ITF dobok, manufactured by Sasung Company, will be allowed to access the competition.
  - If competitors want to have their country's name on their dobok, they are permitted to wear it on the back under the "tree".
  - Competitors number should be below the belt on the back of the dobok jacket.
  - Competitors are permitted to bear their NGB logo or trademark of their sponsor on the left sleeve of their dobok and this should be 15 cm from the shoulder line.
  - Competitors are permitted to bear the national flag on the right part of the front of dobok shirt at the same level of ITF Logo and should be 3cm by 5 cm.
- **Team events:** NGBs can bring **separate teams** for patterns, sparring, self-defence, special techniques and power breaking. Team members will be recorded in the application form and cannot be changed.
- **Order of disciplines:** As per new ITF rules all disciplines may start on the first day of the first day of the Championship. There is no mandatory order of disciplines. Therefore competitors and teams must be ready to come for self-defence, special techniques or power, even before sparring. Detailed schedule of rings will be provided as usual.

### 4.3 DISCIPLINES

#### 4.3.1 Individual Patterns (Tul)

The competitors will perform their optional pattern one after another and then the designated pattern will be performed together.

#### 4.3.2 Team Patterns (Tul)

Scoring will not commence until the command "Shi Jak" is given. Maximum of ten (10) seconds will be allowed for the team to arrive at their starting positions.

### 4.3.3 Sparring (Matsogi)

- In preliminary rounds, competitors will be divided into groups of three or four where possible. They will compete against each other and the competitors who receive the most points will proceed to the pyramid system. Please see the official ITF explanation of the system.
- Allowed safety equipment
  - All Competitors must be in possession of a full set of blue and red approved safety equipment for sparring. Other colours will not be allowed.
  - **Juniors, Adults and Veterans**
    - **NEW RULES AFTER 2019 CONGRESS!**

Only the following partner brands will be permitted:

      - **Backfist**
      - **Boyko**
      - **Top Ring**
      - **Ten Dan (Tsimasport)**
    - gloves shall be closed 10 ounces, and must show “10oz” on the gloves.
  - **Children safety sparring equipment remains unchanged** – it is the same as in previous years.
  - head guards and shin guards are compulsory for all age categories
- Permitted hand techniques and kicks.
  - Hand techniques – Hand techniques using “Ap jumok”, “Dung jumok” and “Yop jumok”.
  - Foot parts – “Ap kumchi”, “Bal Dung”, “Balkal”, “Bal duitchuk”, “Balbadak”.
- Team event sparring:
  - Each team will have a maximum of 20 seconds for a competitor to be ready to spar. The time clock will be shown with 20 second countdown for the first team. When this member is ready the clock will be restarted for the opposing competitor, there will be a maximum of 40 seconds between each bout. A competitor who fails to be ready within 20 seconds, will lose that match.

### 4.3.4 Power breaking test (Wi Ryok)

The power breaking will follow the ITF rules – all boards must be broken for each elimination technique.

### 4.3.5 Special techniques (Tuk Gi)

Special techniques will follow the ITF rules - the same format as in Power breaking test. Also individuals and teams will have to give lengths and heights at registration. Minimal lengths and heights are set for juniors and adults (see the Age categories sections below).

- For high jump techniques the target height will be measured at the middle point of the target.
- For flying long sidekick the middle point of the target must be above the height of the hurdle.
- When performing Twimyo nopi chagi and Twimyo dollyo chagi, the competitor must take a run-up and take off on the kicking foot, pulling the other leg to the chest. The target must be broken with the jumping foot whilst lowering the other leg (scissor kick).
- There will be an elimination, which will be free choice, and the paddle must be moved 90 degrees. Once a competitor is successful at the elimination they will then continue with the other techniques. Scoring 3 points for a paddle moved 90 degrees, 1 point for moving the paddle. Whoever accumulates the most points across all techniques will be the winner.

### 4.3.6 Self-defence routine (Ho Sin Kyong Gi)

Self-defence routine must consist of 1 + 3 (male hero) and 1 + 2 (female hero).

- The team will have only ten (10) second introduction before the hero shouts “Ya”.
- For Junior and Adult Championships, competitors should perform within a minimum of 40 seconds and a maximum of 60 seconds. Two points will be deducted for two seconds under or over the time period; any more will result zero (0).

## 4.4 AGE CATEGORIES

### 4.4.1 Children

Competition for children will take place only on the first 3 days of the Championship (Wednesday till Friday).

Children must be 11, 12 or 13 years old on **Sunday, 19<sup>th</sup> April 2020** and must be red or black belt holders, in line with the ITF promotion rules. Children who are 1<sup>st</sup> degree must be a minimum of 11 years old.

Each country will be allowed two (2) competitors in each division for the children's competition.

#### 4.4.1.1 Children patterns

Patterns for children's red belts: Chon-Ji to Hwa-Rang or Choong-Moo

Patterns for children's black belts: Chon-Ji to Ge-Baek.

Patterns will be separate for red and black divisions.

#### 4.4.1.2 Children sparring

Sparring: red and black belts will be together (male red and male black belts holders; female red and female black belts holders). There will be seven **weight divisions** for sparring as follows:

Male: -35 kg, -40 kg, -45 kg, -50 kg, -55 kg, -60 kg, +60 kg

Female: -30 kg, -35 kg, -40 kg, -45 kg, -50 kg, -55 kg, +55 kg

Head guards will be compulsory for all children sparring together with existing compulsory protection. There will be no power and no special technique for children, there will also be no team event for children.

### 4.4.2 Juniors

There are two junior divisions:

- **Younger juniors** must be 14-15 years old on **Sunday, 19<sup>th</sup> April 2020** and must be 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> degree ITF black belt certificate holders.
- **Older juniors** must be 16-17 years old on **Sunday, 19<sup>th</sup> April 2020** and must be 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> degree ITF black belt certificate holders.

Junior age groups of 14-15 and 16-17 are only for Individual and team sparring.

Juniors 2<sup>nd</sup> degree must be minimum of 14 1/2 years old, juniors 3<sup>rd</sup> degree must be a minimum of 16 ½ years old.

Maximum of two (2) junior competitors per country are allowed for individual divisions. Two (2) for juniors 14-15 years old and two (2) for juniors 16-17 years old.

#### 4.4.2.1 Patterns

Patterns for Juniors will be separated by grade and gender, but not by age category. 1<sup>st</sup> to 3<sup>rd</sup> Degree.

#### 4.4.2.2 Sparring

Male 14-15 years: -45 kg, -50 kg, -55 kg, -60 kg, -65 kg, -70 kg, +70 kg

Male 16-17 years: -45 kg, -51 kg, -57 kg, -63 kg, -69 kg, -75 kg, +75 kg

Female 14-15 years: -40 kg, -45 kg, -50 kg, -55 kg, -60 kg, -65 kg, +65 kg

Female 16-17 years: -40 kg, -46 kg, -52 kg, -58 kg, -64 kg, -70 kg, +70 kg

#### 4.4.2.3 Junior special techniques minimum heights

| Juniors   | Male        | Female      |
|---|-------------|-------------|
| Flying high front kick<br>(twimyo nopi chagi)         | 2,7m        | 2,2m        |
| Flying high turning Kick<br>(twimyo dollyo chagi)     | 2,4m        | 2,1m        |
| Flying high back kick<br>(twimyo bandae dollyo chagi) | 2,3m        | 2,0m        |
| Flying long side kick<br>(twimyo nomo chagi)          | 2,5m x 0,7m | 1,5m x 0,7m |
| Flying high reverse<br>(twimyo dolimyo chagi 360°)    | 2,3m        | 2,0m        |

#### 4.4.2.4 Junior teams

As per new ITF rules, NGBs may register separate teams (5+1) for each discipline. In the junior 14-15 Team Sparring event, the teams must include only competitors 14 or 15 years old. In the junior 16-17 Team Sparring event, the teams must include only competitors 16 or 17 years old.

#### 4.4.3 Adults

Competitors participating in Adult age category must be 18-39 years old on **Sunday 19<sup>th</sup> April 2020** and must be 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> or 6<sup>th</sup> Dan ITF black belt certificates.

In line with ITF promotion rules: Adult 4<sup>th</sup> degree must be a minimum of 22 years old.

Two (2) adult competitor per country are allowed for individual division or category.

The 5<sup>th</sup> and 6<sup>th</sup> degrees will compete in degree for pattern and be able to compete within the existing divisions of sparring, power, special technique and self-defence routine. They will also be eligible to enter the team events, therefore the adult teams will be allowed to perform any pattern up lowest degree in the team.

##### 4.4.3.1 Adult patterns

Patterns for adults will be separated by grade, and gender. 1<sup>st</sup> to 6<sup>th</sup> Degree.

##### 4.4.3.2 Adult sparring

Male: -52 kg, -58 kg, -64 kg, -71 kg, -78 kg, -85 kg, -92 kg, +92 kg

Female: -47 kg, -52 kg, -57 kg, -62 kg, -67 kg, -72 kg, -77 kg, +77 kg

##### 4.4.3.3 Adult teams

As per new ITF rules, NGBs may register separate teams (5+1) for each discipline.

**4.4.3.4 Adult special techniques minimum heights**

| Adults  | Male        | Female      |
|---|-------------|-------------|
| Flying high front kick<br>(twimyo nopi chagi)         | 2,8m        | 2,3m        |
| Flying high turning Kick<br>(twimyo dollyo chagi)     | 2,5m        | 2,2m        |
| Flying high back kick<br>(twimyo bandae dollyo chagi) | 2,4m        | 2,1m        |
| Flying long side kick<br>(twimyo nomo chagi)          | 2,5m x 0,7m | 1,5m x 0,7m |
| Flying high reverse<br>(twimyo dolimyo chagi 360°)    | 2,4m        | 2,1m        |

**4.4.3.5 Adult power test**

| Adult Minimum boards | Male | Female |
|----------------------|------|--------|
| Ap Joomuk            | 2    | -      |
| Sonkal               | 2    | 1.5    |
| Balkal               | 4    | 3      |
| Bal Ap Kumchi        | 3    | 2      |
| Bal Duit Chuk        | 3    | -      |

**4.4.4 Veterans**

Competitors for the Veteran Championship must be 40 – 49 years old (Silver Class), 50 – 59 years old (Gold Class) on **Sunday 19<sup>th</sup> April 2020**. There is no Platinum class.

Competitors must be holders of 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> or 6<sup>th</sup> Dan ITF black belt certificates.

For Veteran competition each country is permitted to send up to three (3) competitors to the individual sparring according to the weight divisions for the Silver and Gold Class.

Following the ITF rules, the veteran self-defence will not be included.

**4.4.4.1 Veteran Patterns**

Patterns for Veterans will be separated by grade, gender and age classification. 1<sup>st</sup> to 6<sup>th</sup> Dan

**4.4.4.2 Veteran Sparring**

Male (Silver Class): -64 kg, -73 kg, -80 kg, -90 kg, +90 kg  
 Male (Gold Class): -66 kg, -80 kg, +80 kg  
 Female (Silver Class): -54 kg, -61 kg, -68 kg, -75 kg, +75 kg  
 Female (Gold Class): -60 kg, -75 kg, +75 kg

**4.4.4.3 Veteran teams**

According to the new ITF rules separate teams are permitted for each discipline from one country. Teams may consist of both Silver and Gold class.

#### 4.4.4.4 Veteran power test

Individual power breaking will be organized for Silver Class only.

Team power breaking can include Silver and Gold Class.

| Veteran Minimum boards | Male | Female |
|------------------------|------|--------|
| Sonkal                 | 2    | 1.5    |
| Balkal                 | 3    | 2      |
| Bal Ap Kumchi          | 3    | 2      |

## 4.5 UMPIRES

The Organizing Committee will pay for a maximum of **8 days / 7 nights** (Monday – Monday) hotel accommodation for **68 qualified umpires** and **5 Umpire Committee members**. Umpires are selected by the Umpire committee and invited personally by the President of the EITF Umpire Committee. NGBs must confirm if their invited umpires are able to arrive.

**Late arrival is not acceptable. The latest arrival for umpires is Tuesday 21 April 2020, 14:00.** Invited umpires will be required to attend all the Umpire Meetings and carry out all their duties as scheduled for the duration of the event. Their accommodation is paid excluding any extra services (drinks, telephone calls etc.). The EITF Umpire Committee will dismiss any Umpires who do not abide by the work schedules or guidelines and such Umpires will have to pay for the hotel accommodation and meals themselves.

**Other (not invited) umpires may also attend** but they must pay for the Hotel expenses and may or may not be used by the umpire committee.

**The Umpire's dress code** will consist of navy blue blazer jacket, white long sleeved shirt, navy blue trousers, navy blue necktie, white short socks and white sport shoes as stated in the ITF Umpire rules.

## 4.6 COACHES

Coaches are the only responsible persons who may stand in for the competitor, hand in protests, etc. A Coach must be ITF Black belt holder, I. degree minimum. Coaches must attend the coaches meeting. Only one coach is allowed to enter the ring with the competitor or team.

## 4.7 AWARDS FOR PARTICIPANTS

All participants will receive a Certificate of Participation signed by the EITF President and President of the Organizing Committee. Finalists of specified divisions and categories will receive Diplomas and Medals.

## 4.8 CEREMONIES

For the Opening Ceremonies, the participants can wear the ITF dobok or the team apparel. Each Country must submit two participants and officials to represent their country during the official parade.

## 5 SCHEDULE

### DAYS BEFORE COMPETITION

| Saturday, April 18, 2020 |  |           |
|--------------------------|--|-----------|
| all day                  | Arrival of delegates                               | Hotel DUO |
| 11:00 - 14:00            | Lunch in Hotel                                     | Hotel DUO |
| 16:00 - 20:00            | Accommodation payment, EITF Registration & Payment | Hotel DUO |
| 18:00 - 21:00            | Dinner in Hotel                                    | Hotel DUO |

| Sunday, April 19, 2020 |   |                  |
|------------------------|---|------------------|
| all day                | Arrival of delegates                                      | Hotel DUO        |
| 06:30 - 09:30          | Breakfast in Hotel  | Hotel DUO        |
| 09:00 - 13:00          | Accommodation payment, EITF Registration & Payment        | Hotel DUO        |
| 09:00 - 13:00          | Competitor's check and weight check                       | Hotel DUO        |
| 11:00 - 14:00          | Lunch in Hotel  | Hotel DUO        |
| 14:00 - 21:00          | Accommodation payment, EITF Registration & Payment        | Hotel DUO        |
| 14:00 - 21:00          | Competitor's check and weight check                       | Hotel DUO        |
| <b>19:00</b>           | <b>Deadline for coaches to arrive to the Registration</b> | <b>Hotel DUO</b> |
| 18:00 - 21:00          | Dinner in Hotel   | Hotel DUO        |

| Monday, April 20, 2020 |   |                  |
|------------------------|---|------------------|
| all day                | Arrival of delegates  | Hotel DUO        |
| 06:30 - 09:30          | Breakfast in Hotel  | Hotel DUO        |
| 09:00 - 13:00          | Competitor's check and weight check                                     | Hotel DUO        |
| 11:00 - 14:00          | Lunch in Hotel  | Hotel DUO        |
| 15:00 - 17:00          | EITF Executive Board meeting  | Hotel DUO        |
| 13:00 - 18:00          | Competitor's check and weight check                                     | Hotel DUO        |
| <b>16:00</b>           | <b>Deadline for teams to arrive for Competitor's &amp; weight check</b> | <b>Hotel DUO</b> |
| <b>18:00</b>           | <b>Deadline for paid changes in applications</b>                        | <b>Hotel DUO</b> |
| 18:00 - 21:00          | Dinner in Hotel   | Hotel DUO        |
| 19:00 - 21:00          | EITF Congress   | Hotel DUO        |

| Tuesday, April 21, 2020 |  |                  |
|-------------------------|--|------------------|
| 06:30 - 09:30           | Breakfast in Hotel                                   | Hotel DUO        |
| 08:00 - 15:00           | Preparation of starting lists (draws)                |                  |
| 07:00 - 22:00           | Preparation of the sports hall                       |                  |
| 11:00 - 14:00           | Lunch in Hotel                                       | Hotel DUO        |
| <b>15:00 - 17:00</b>    | <b>Coach meeting and Draw</b>                        | <b>Hotel DUO</b> |
| <b>17:00 - 19:00</b>    | <b>Umpire meeting &amp; scoring system education</b> | <b>Hotel DUO</b> |
| 18:00 - 21:00           | Dinner in Hotel                                      | Hotel DUO        |

**COMPETITION DAYS****Wednesday, 22 April 2020***1st competition day*

|                      |  |                       |
|----------------------|--|-----------------------|
| 06:30 - 09:30        | Breakfast in Hotel                     | Hotel DUO             |
| 08:30 - 09:00        | Umpire meeting in Hotel                | Hotel DUO             |
| 10:00 - 19:00        | Competition in Sports hall             | Tipsport Arena        |
| 11:00 - 14:00        | Lunch in Sports hall                   | Tipsport Arena        |
| 16:00 - 19:30        | Dinner in Sports hall                  | Tipsport Arena        |
| <b>20:00 - 21:30</b> | <b>Opening ceremony in Sports hall</b> | <b>Tipsport Arena</b> |

**Thursday, April 23, 2020***2nd competition day*

|                      |  |                |
|----------------------|--|----------------|
| 06:30 - 09:30        | Breakfast in Hotel                                   | Hotel DUO      |
| 08:30 - 09:00        | Umpire meeting in Hotel                              | Hotel DUO      |
| 09:00 - 09:30        | Award Ceremony in Sports hall                        | Tipsport Arena |
| 09:30 - 19:00        | Competition in Sports hall                           | Tipsport Arena |
| <b>10:30 - 15:00</b> | <b>VIP Program - Sightseeing in Prague and lunch</b> | Tipsport Arena |
| 11:00 - 14:00        | Lunch in Sports hall                                 | Tipsport Arena |
| 16:00 - 19:30        | Dinner in Sports hall                                | Tipsport Arena |

**Friday, April 24, 2020***3rd competition day*

|               |                               |                |
|---------------|-------------------------------|----------------|
| 06:30 - 09:30 | Breakfast in Hotel            | Hotel DUO      |
| 08:30 - 09:00 | Umpire meeting in Hotel       | Hotel DUO      |
| 09:00 - 09:30 | Award Ceremony in Sports hall | Tipsport Arena |
| 09:30 - 19:00 | Competition in Sports hall    | Tipsport Arena |
| 11:00 - 14:00 | Lunch in Sports hall          | Tipsport Arena |
| 16:00 - 19:30 | Dinner in Sports hall         | Tipsport Arena |

**Saturday, April 25, 2020***4th competition day*

|               |                               |                |
|---------------|-------------------------------|----------------|
| 06:30 - 09:30 | Breakfast in Hotel            | Hotel DUO      |
| 08:30 - 09:00 | Umpire meeting in Hotel       | Hotel DUO      |
| 09:00 - 09:30 | Award Ceremony in Sports hall | Tipsport Arena |
| 09:30 - 19:00 | Competition in Sports hall    | Tipsport Arena |
| 11:00 - 14:00 | Lunch in Sports hall          | Tipsport Arena |
| 16:00 - 19:30 | Dinner in Sports hall         | Tipsport Arena |

**Sunday, April 26, 2020***5th (last) competition day*

|               |                               |                |
|---------------|-------------------------------|----------------|
| 06:30 - 09:30 | Breakfast in Hotel            | Hotel DUO      |
| 08:30 - 09:00 | Umpire meeting in Hotel       | Hotel DUO      |
| 09:00 - 09:30 | Award Ceremony in Sports hall | Tipsport Arena |

|               |                               |                |
|---------------|-------------------------------|----------------|
| 09:30 - 18:00 | Competition in Sports hall    | Tipsport Arena |
| 11:00 - 14:00 | Lunch in Sports hall          | Tipsport Arena |
| 16:00 - 19:30 | Dinner in Sports hall         | Tipsport Arena |
| 18:00 - 20:00 | Award Ceremony in Sports hall | Tipsport Arena |
| 21:00 - 24:00 | After party                   | Hotel DUO      |

**Monday, April 27, 2020**

|               |                        |           |
|---------------|------------------------|-----------|
| 06:30 - 09:30 | Breakfast in Hotel     | Hotel DUO |
| 10:00 - 12:00 | Closing meeting of TOC | Hotel DUO |
| 07:00 - 12:00 | Departure              | Hotel DUO |

## 6 SUMMARY

### 6.1 DEADLINES

- Accommodation application deadline: **31<sup>st</sup> January 2020**
- Prepayment (deposit) deadline: **31<sup>st</sup> January 2020**
- Visa application deadline: **31<sup>st</sup> March 2020**
- Full application deadline: **5<sup>th</sup> April 2019**
- Latest arrival of coach for registration: **Sunday, 19<sup>th</sup> April 2020, 19:00**
- Latest arrival of the whole team for competitor's check: **Monday, 20<sup>th</sup> April 2020, 16:00**

### 6.2 MEETING POINT FOR REGISTRATION AND ACCOMMODATION

#### Hotel DUO \*\*\*\*

Teplická 492,  
190 00 Praha 9  
Czech Republic

[www.hotelduo.cz](http://www.hotelduo.cz)

GPS: 50.1267778N, 14.4859056E

### 6.3 CONTACTS

#### 6.3.1 Main contact address: [support@eitf-taekwondo.org](mailto:support@eitf-taekwondo.org)

Please ALWAYS USE ONLY THIS EMAIL address. It will help us answer your emails faster and be up-to-date with all important information during the preparation of the Championship. E-mails sent to this address are automatically sent to the Tournament Committee, Organizer and IT-provider and will be replied by a responsible person depending on your question or request.

#### 6.3.2 Contact person for arriving teams and EMERGENCY NUMBER during competition

**+420 775 454 426**

#### 6.3.3 Tournament Committee

[Ladislav.burian@exchange4u.cz](mailto:Ladislav.burian@exchange4u.cz)

#### 6.3.4 IT Provider

[rajtr@rajtr.cz](mailto:rajtr@rajtr.cz)

## CHANGE LOG

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| Version | Date, time | description                                 |
|---------|------------|---|
| 1.0     | 21.12.2019 | First official version, sending to all NGBs |