



XXXIV Adult
XXV Junior
XI Veteran
IX Children

EITF EUROPEAN TAEKWON-DO CHAMPIONSHIP

RDS Stadium RIMINI - ITALY 2-8 April 2019



1 ORGANIZER & PROMOTER

1.1 MAIN CONTACT

Main contact address for this EITF Championship: support@eitf-taekwondo.org

Please **ALWAYS USE ONLY THIS EMAIL address**. Messages sent to this email are automatically sent to Tournament Committee, Organizer and IT Provider. By contacting us via this email we will be able to respond to your questions faster.

1.2 PROMOTER: EUROPE ITF TAEKWON-DO FEDERATION

Alexandra Gate,
Ffordd Pengam
Cardiff Cf24 2SA, Wales
www.eitf-taekwondo.org

1.3 ORGANIZER:

ASD FITSPORT - ITF ITALY NGB

Via Rizzitelli n. 26 – Barletta – post code 76121 – ITALY

tel +39 0883 19 55 505

fax +39 0883 19 50 105

Email: europaekwondo2019@gmail.com

1.4 ORGANIZING COMMITTEE

GM Michael Prewett, president of EITF, chairman of EITF Umpire Committee

Mr. Ladislav Burian, chairman of EITF Tournament Committee

Master Ruggiero Lanotte, Vice president of EITF

Mr. Giuseppe Lanotte

Umpire Committee

Grand Master Michael Prewett, IX. Degree

Master Gary Miller, VIII. Degree

Master Emin Durakovic, VIII. Degree

Mr. Igor Scheglov, VI. Degree

Mr. Vergilly Sitnilski, V. Degree

Tournament Committee

Mr. Ladislav Burian

Ms. Ilona Uzlova

Mr. Jan Labik

Mr. Nenad Seferagic

Mr. Lefteris Polydorou

IT Services

Mr. Ivan Rajtr

Mr. Jan Rajtr

2 BASIC INFORMATION

2.1 DATE

1st - 8th April 2019

2.2 VENUE

Registration place:

RDS STADIUM – SPORT ARENA

<http://www.itfitalia.it/euro2019/>

Sports hall:

RDS STADIUM – SPORT ARENA - Piazzale Pasolini 1/c - 47923 Rimini (RN)

2.3 CHAMPIONSHIP OFFICIAL WEBSITE:

All information, news, updates and photos will be published at the official website of EITF:

www.eitf-taekwondo.org

2.4 RULES:

This Championship will be held in accordance with these documents:

- General Information pack (this document)
- EITF Tournament Standards
- ITF Tournament rules

The competition is based on the ITF Tournament rules. Some rules are mentioned in this General Information pack in order to either emphasize or modify several rules. In other words, if there is conflict between “ITF Tournament rules” and “General Information pack”, then the rules in this document are applied, as they are of higher priority.

Dear Grandmasters, Masters, Presidents and Coaches,

It is a privilege for the Italian Taekwondo community to host the EITF European Championship in Rimini.

At the outset, let us express our sincere appreciation for the honour we have been given to have you all as our guests in Italy. Allow us to say, once again - but with a twist. In April 2019, as a backdrop for the Championship, there will be a unique destination: the Riviera Romagnola.

Our events are designed to both promote sport and support quality time for the teams. Therefore this spectacular scenery and the venue we chose are the culmination of the commitment to such a tradition, which blends together the love for Taekwondo and the plain dedication to our international community. For one week, you will have easy access to Italy's nightlife capital - Rimini - and you will have some of the most beautiful Italian cities within reach.

Enjoy the Championship and live the Italian experience to its fullest.

Yours in Taekwon-do,

Master Ruggiero Lanotte, Vice President EITF and President Taekwon-do ITF Italy - Fitsport

Giuseppe Lanotte, Lawyer and International Instructor



3 QUICK FACTS ABOUT

EXPLORING THE RIVIERA

...edutainment

The Rimini Riviera is Italy's pleasure capital, and pleasure takes many aspects here: a day on the beach, a moonlight dinner on a luxury yacht, a jazz café, a festival in a hill town or the pulsing lights of a discotheque.

The Riviera has more theme parks than anywhere else in Italy or even Europe.



...culture

If you are interested in art, architecture or archaeology, you will be amazed at the attractions offered by larger and smaller towns alike. With an exceptional range of museums, theatres, ballet and concerts to choose from, the cultural life of the region is alive and thriving.

...top class cuisine, with a traditional atmosphere

In Rimini the food service, the venues and the atmosphere are simple yet refined. Every table has the not-to-be-missed piadina, the thin, unleavened bread, a local specialty that has soon become part of gourmet eating habits. Then there's grilled fish, local cold-cuts, cheeses from the surrounding countryside and excellent wines.



...fashion and shopping

Shopping is of the finest quality – not only in the elegant boutiques in the old towns and along the main avenues, but also at the various clothing and footwear company outlets, open to the general public, where one can find all the major brand-names at convenient prices.



...crafts

Craft shops offer unusual and completely authentic products such as printing on cloth, rust-printed fabrics and pottery in traditional shapes and colors, all hand-made and cooked in wood-burning ovens.

**...sports and wellness**

Fitness, wellness and psychophysical equilibrium are familiar concepts here: aerobics, spas, beach sports and countryside activities. The inland area offers golf courses, horse riding, trekking and cycle tourism. And let's not forget swimming, sailing, fresh air and all the other opportunities offered by the biggest gymnasium of all: the sea.

**LOCAL TOURS****Rimini**

Founded by the Romans in 268 BC, Rimini has been the scene of many disputes in its two-thousand year history. Significant traces of the city's past remain today: the Arco di Augusto [the arch of Augustus (27 BC)], the Ponte di Tiberio [the Tiberius bridge (21 BC)], the Anfiteatro Romano [Roman amphitheatre (2nd century AC)], and, the Tempio Malatestiano, old church of San Francesco which in the 15th century Leon Battista Alberti, working to a commission by Sigismondo Malatesta, transformed into one of the finest examples of Renaissance architecture anywhere in Italy. The 15th-century Castel Sismondo offers further testimony to the domination of the family which made such a mark on the history of Rimini.

Today, the old town is full of charm and vitality and rich in remains from its very eventful past. The Museo della Città houses a remarkable collection of 14th-century paintings by the Rimini school, as well as treasures from the Roman and medieval periods.

**San Marino**

Europe's smallest and oldest republic was founded by Saint Marino, a stone-cutter monk who fled here to escape persecution by the emperor Diocletian in the 4th century.

San Marino lies on Monte Titano at a height of 760 metres above sea level and has plenty of monuments, attractions and traditions to offer visitors, as well as a long and proud history of

freedom and independence. Particularly spectacular is the investiture ceremony of the Capitani Reggenti [the higher magistrature of the Republic], held every six months in evocation of an ancient protocol. The republic comprises nine villages, each with its own castle surrounded by gardens, museums and shops.

San Marino has its own mint, makes its own stamps and does not operate customs controls. There are excellent shopping opportunities along the main road leading from Rimini to Monte Titano, which is lined with shopping centres and other retail outlets.



The Valmarecchia

A valley flanked by great limestone crags on which fortresses and towers stand. This route goes from Santarcangelo to the hilltop from where Poggio Berni dominates the valley. On top of a rocky outcrop stands Torriana. A little further on lies Montebello. From yet another steep crag, the village of Verucchio.



The Valconca

The landscape becomes gentler and less steep as you approach the Valconca valley, which still bears the indelible traces of the 15th century Malatesta domination.



HALF DAY TOURS

Gradara - 20 km

The ancient town is characterized by a double line of medieval walls and by the massive Castle, one of the best preserved in Italy. It is famous as being the location of the episode of Paolo and Francesca described by Dante Alighieri in the V Canto of his Inferno.

San Leo - 30 km

San Leo was an ecclesiastical stronghold in the early 8th century. In the town below the fortress, the 9th century parish church, built in the form of a basilica, stands in front of the larger 12th century cathedral, each of which contain notable examples of early sculpture, including columns dating back to the Roman period.

Urbino - 60 km

UNESCO World Heritage Site, notable for a remarkable historical legacy of independent Renaissance culture, specially under the patronage of its then duke, Federico da Montefeltro . The city hosts the University of Urbino, founded in 1564, and is the seat of the Archbishop of Urbino. Its best known architectural piece is the Palazzo Ducale.

**TOURS FOR ONE OR MORE DAYS****Ravenna – 50 km**

Ravenna is a city of art and culture and stunning mosaics, and is a former capital of both the Western and Byzantine Roman empires. With its dazzling heritage of mosaic-encased monuments, Ravenna is now a UNESCO World Heritage site.

Bologna – 120 km

Bologna has the oldest university in Europe and was European Capital of Culture in 2002. Its marvellous old town, one of the best preserved in Europe, is steeped in art and culture. Its Porticoes are a UNESCO World Heritage Site. The food here is particularly difficult to resist: Bologna is a city of rich flavours.

**Ferrara – 155 km**

The nine kilometres of walls which enclose the 16th-century city of Ferrara remain amazingly intact today. Right at the heart of the city is the Estense Castle with its richly-evocative Renaissance courtyard. One of its most beautiful sights is Palazzo dei Diamanti. The Renaissance historical centre is a UNESCO World Heritage Site.



Venice – 270 km

Magic and unique.

A UNESCO World Heritage Site.



Florence – 165 km

Florence's artistic heritage makes it the greatest emblematic city of the Renaissance.

A UNESCO World Heritage Site.



Rome – 325 km

The eternal city, one of the most celebrated cities of all times. A UNESCO World Heritage Site.



4 PREPARATION FOR THE CHAMPIONSHIP

4.1 VISA

Countries requiring a Visa to Italy should contact the nearest consulate. The waiting period after application of Visas to Italy might vary, therefore please prepare in advance.

Deadline for NGBs to ask for confirmation of participation: 15th January 2019

4.2 APPLICATION FOR THE CHAMPIONSHIP

Applications must be sent only via the official online registration:

- <https://taekwon-do.applicationdata.eu>
- Login credentials are the same as last year and were also sent to all NGBs together with the sending of this document. Should you have any problems accessing the online application, please [contact us](#).
- All the payments and penalties for your NGB will be available within the online Application, therefore your Head of the delegation can prepare their payment in advance.

4.2.1 ACCOMMODATION DEADLINE: 15th January

This deadline requires NGBs to submit only the “Preliminary Accommodation” section completed.

You need to fill in:

- number of persons
- type of hotel - There is one hotel for competitors, coaches and supporters and a second hotel for umpires, NGB officials and VIPs
- dates of arrival and departure

The overall number of all participants and their accommodation packages is mandatory, but you do not need to put in specific names of competitors etc.

Every change of accommodation details (hotel, number of nights, types of rooms) after the deadline might be penalized by higher hotel prices because package prices will no longer be guaranteed. Other parts of the application form (competitors, teams, etc.) do not have to be completed at this point, or can be amended.

4.2.2 Final Deadline for teams to send the full application: 28th February

The online registration will be opened and must be completed until this Final deadline.

After this Final deadline ALL changes are penalized. On Sunday/Monday during the registration coaches will come to check the application, but they will need to pay for each and every change of any item in the application, should they need to make any.

Please do not forget to fill in all important parts of the application:

- List of all competitors, their disciplines and team membership
- List of all teams, including self-defence
- Coaches
- VIP's (please see the *EITF Tournaments Standards* document to know, who can be accredited as VIP)
- NGB members
- Umpires (both invited and not invited)
- Photos of all participants (JPG, max. resolution 75dpi, max. size 45kB) must be inserted into the application software. Failing to do so might be subject to additional charges.

4.2.3 TRANSPORTATION & ARRIVAL

CONNECTIONS

Bologna Airport

Km 100 north of Rimini. It is the third most important international airport in Italy, and runs daily scheduled European and intercontinental flights.

Shuttle transfer service will be provided for teams and delegates between Bologna airport and Rimini.

Ancona Airport

Km 80 south of Rimini. It features regular scheduled flights to Rome, London, Düsseldorf, Munich, Madrid, Stockholm, Bruxelles Charleroi, and Skopje.

Shuttle transfer service will be provided for teams and delegates between Ancona airport and Rimini.

Rimini Airport

Located in the city of Rimini. It actually features regular scheduled flights to London, Warsaw and Kaunas. Probably other flights will be added. You can directly check the flights programme on the website www.riminiairport.com.



By car

Rimini is served by the Autostrada A14 (A14 motorway), linking it to Bologna and Milan to the north and to Bari to the south.

4 motorway exits: Rimini Nord, Rimini Sud, Riccione, Cattolica.

Other road links easily reached from Rimini are the A4 to Venice, the A22 to the Brennero Pass and the A1 to Florence, Rome and Naples.



By train

Quick and regular rail links to all major Italian cities. Travelling times on the Eurostar and Intercity services are 3 hours to Milan, 4 to Rome, 2 to Florence and 1 to Bologna.

Rimini-Rome: 25 trains daily

Rimini-Milan: 20 trains daily

Rimini-Bari: 15 trains daily



High-speed train links

The brand-new high speed train “Frecciarossa”, as it is known, completes the journey from Rome to Milan in 3 and half hours. This also means that the journey from Bologna to Milano will take 65 minutes.

The following upgrading for high-speed have been completed:

- Bologna – Florence: 35 minutes
- Turin – Milan: 60 minutes
- Milan – Naples: 4 hours

The Italian high-speed lines will gain better connection with the evolving European network, with completion of the new Turin-Lyon line that includes a 52km base tunnel beneath the Alps.



Environment-friendly transport

Rimini is alive to the latest developments in technology and the benefits to the environment which these developments can offer. The Riviera is served by a transport network using buses running on white diesel, which reduce toxic emissions by 90% and are 50% quieter too. The result is a more comfortable ride for the passenger.



A step forward

Electrically-powered minitrans serve the town centre, and most hotels will be happy to provide visitors with bicycles. The many cycle paths in Rimini afford easy access to the seaside, the old town, and on into the hinterland.



AN EASY-TO-EXPLORE AND SAFE NETWORK

Rimini was recently voted Italy's "most hospitable city".

As a town which puts people – both residents and visitors – first, Most hotels provide their guests with bicycles, as well as the City with a service of bike-sharing, all free of charge.

Distances in kilometres

	Airport	Station	Highway	Historical centre	Hotels	RDS Stadium
Airport		6,5	2,5	5,5	3-8	4
Station	6,5		6,5	1	3-8	4
Highway	2,5	6,5		3	5-8	2
Historical centre	5,5	1	3		1-5	3
Hotels	3-8	3-8	5-8	1-5		3-6
RDS Stadium	4	4	2	3	3-6	



4.2.4 ARRIVALS

All necessary information about your arrival must be filled in only in the Application:

- Type of transportation (flight/train/bus/ferry)
- Dates and times of arrivals and number of all NGB participants (including invited and not invited umpires, VIPs and other team members)
- Dates and times of departure of all participants
- Flight, train or bus numbers, where applicable

Transportation from/to Airport, sports hall (RDS STADIUM), meeting point (RDS STADIUM) and the hotels will be arranged by the organizer. Without booking, transportations are not available. Teams arriving by other means should proceed to the meeting point at the designated time (please see the [Schedule](#) section).

Deadline for NGBs to inform the organizer of all their exact dates and times of arrival/departure and number people: 28th February

Within the online Application -> Individuals section, please make sure you have filled in all data for each person: arrival & departure times, type of transport, room type & roommate. Based on this data hotels will prepare roomlists and transportations services will await you at the airport.

The latest time of arrival to registration: 1st April (Monday) 18:00

Only 1 coach or other responsible person appointed by its NGB is necessary to come for the registration and payment. The rest of the team may arrive later (see below). Arrival time means time of arrival to registration room (not airport), so please plan your time accordingly.

Latest time of arrival for the whole team (all competitors): 2nd April (Tuesday) 10:00

Please note: Arrival time means time of arrival to the weight-check room.

Therefore we kindly ask you to plan your time accordingly and we highly *recommend for the whole team to arrive on Monday evening*. Reason for the change is the early start of the competition on Wednesday morning. The competitor's check process will therefore be **strictly stopped on Tuesday at 12:00** in order to apply all changes made at weight-check and for draws to be prepared on time.

4.3 PAYMENTS & PENALTIES

4.3.1 Payment

Deposit must be sent to the following bank account.

Deposit	250 € per person (non-refundable)
Deadline	15.01. 2019
Account name:	FEDERICO II DI SVEVIA Società Sportiva Dilettantistica a r.l. - Via Generale della Chiesa n. 58 - Barletta (76121)
Account number:	IT47 P030 3241 3510 1000 0003 256
SWIFT code(BIC):	BACRIT21885
Name of the bank:	CREDEM
Bank Address:	Via Renato Coletta, 13, 76121 Barletta BT

Rest of the payment will be done in cash at the venue registration after confirmation of the final application forms and after accommodation.

Travellers/Bank cheques, Visa, Mastercard, Amex or Diners Cards **will not** be accepted.

4.3.2 Fees

- **EITF annual fee:** 200 EUR per NGB
- **Individual entry fee:** 100 EUR per competitor.
- Individual entry fee must be also paid by those competitors, who attend as team members only.
- **Team entry fee:** 40 EUR per team per discipline, including self-defence
- **Accreditation fee for countries using their own accommodation during their stay at the EITF Championship event, i.e. if not booking via the Organizer:** 250 EUR per person

This charge will be made for any countries which book their own accommodation for any of the competition dates (Monday-Monday) and do not use the services of the organiser.

(Note: after payment, these participants who use their own accommodation will receive ID card and other package services, excluding full board meals and other accommodation-related services)

4.3.3 Penalties

- **Accommodation application sent after Accommodation deadline:** There is no penalty, but after this deadline, prepared prices are not guaranteed and might be higher, depending on individual hotels.
 - **Application form sent after deadline:** 200 EUR
 - **Each and every change of any application item after the Final deadline:** 150 EUR
 - **Change to the ID card (after it was accepted by the coach):** 50 EUR
 - **ID card replacement:** 5 EUR
 - **Missing photos of participants in the application form:** 15 EUR
 - **Separate invoices (for each competitor):** 1 EUR per invoice
 - **Cancellation of accommodation within 5 days prior to the registration date:** Deposit for the person is not returned, cannot be transferred for any other payment
 - **Late arrivals:**
 - **Penalty for late arrival of responsible person to the registration:** 300 EUR
 - **Penalty for late arrival of the whole team to the competitor's check:** 100 EUR per participant
- Note: These penalties will be applied unless the late arrival is totally out of participant's control. However teams need to plan their arrivals with adequate travel time for usual

potential delays caused by flight delays, high traffic, etc. (at least 2 hours reserve is recommended).

4.4 ACCOMMODATION

A unique offer that makes the difference. Professionalism and excellence of services are the qualities which distinguish the hotel offer within the Province of Rimini.

Hotels in Rimini:

- 66 of 4* hotels Total rooms: 3.953
- 613 of 3* hotels Total rooms: 23.462

Most of the hotels are located along the seaside area and are one next to the other, ranging from 3 to 4-star categories, or just a few minutes' walk from each other, along a sort of "hotel-boulevard".

Duration of stay	Package B	Package A
5 days / 4 nights	320 €	400 €
6 days / 5 nights	400 €	500 €
7 days/ 6 nights	480 €	600 €
8 days/ 7 nights	560 €	700 €
Extra Day	80 €	100 €

All prices above are per person for a double room. For single room prices add 45 € per day.
 Payment notice: If deposit for accommodation is paid after January 15th 2019, prices will be 15% higher.
 Should you need accommodation for fewer days, please contact the organizer.

Each package includes:

- Accommodation according to selected type of package
- Transport from/to airport or train/bus station
- Full board (breakfast, lunch, dinner), including basic non-alcoholic drinks
- Free training facilities for competitors and coaches
- Free entrance to the sport hall during competition days
- Free entrance to the opening ceremony
- Free entrance to the after party
- Medical assistance during the competition days (only for injured competitors)

4.5 REGISTRATION

Only one (1) responsible person per NGB (coach or other responsible representative) is needed to register the whole team and to carry out the payments. The rest of the team might arrive later to attend the Competitor's check. Registration is only possible between the given office hours. NGBs which fail to attend on time might be suspended from the Championship or will pay a penalty for late registration. (this is upon the decision of the Organizing committee).

The latest time of arrival to registration: Monday 18:00

4.6 COMPETITOR'S CHECK

All competitors must be present. They will be checked for:

- Nationality (A passport of the country or VISA or other residency document (e.g. employer card, student card) must be presented to prove that the competitor may compete for their country)
- Black belt ID card
- ITF passport
- Weight check for those who are competing in sparring

Each competitors will have to sign in advance a Liability waiver form as introduced in the ITF rules.

After the check of all NGB members is finished, the ID cards for all the competitors will be given to the coach.

Latest time of arrival for the whole team (all competitors): Tuesday 10:00 (!)

4.7 DOPING TEST

The doping test can be performed on any randomly selected competitor. Competitor who declines the doping test or does not come on time will be disqualified.

5 CHAMPIONSHIP RULES AND REGULATIONS

5.1 COMPETITION RULES

This Championship is held in accordance with the **ITF rules** (latest version is available on ITF website), unless stated otherwise in specific cases. If not covered by the ITF Rules or unless stated otherwise in the Information pack, then the EITF Umpire and Tournament committees will take the final decision.

5.2 COMMON RULES VALID FOR ALL AGE CATEGORIES

- Only **ITF affiliated NGBs** and ITF registered black belt holders can participate in the Championship. This is with exception to the Children's category, where Red Belts (2nd Kup) and above may compete.
- The **degree and age** of competitors must be valid and identical on both degree certificates and ITF Passports.
- All Competitors must be in possession of a **full set of blue and red approved safety equipment** for sparring. Other colours will not be allowed.
- The Competitors must follow the **ITF dress code**. Only competitors who wear the official ITF dobok manufactured by Sasung Company will be allowed to access the competition.
 - If competitors want to have their country's name on dobok, they are allowed to wear it on the back under the "tree".
 - Competitor's number should be below the belt on the back of the dobok jacket.
 - Competitors should bear the NGB Logo or the Trademark of sponsor on the left sleeves of Dobok and should be 15 cm below from shoulder line.
 - Competitors should bear the national flag on the right part of the front of Dobok shirt at the same level of ITF Logo and should be 3 by 5 cm.
- It is a responsibility of each competitor to have their **own health insurance**. The organizer is not responsible for any damage or loses.
- **Order of disciplines:** As per new ITF rules all disciplines may start on the first day of the first day of Championship. There is no mandatory order of disciplines. Therefore competitors and teams must be ready to come for self-defence, special techniques or power, even before sparring. Detailed schedule of rings will be provided as usual.

5.3 DISCIPLINES:

- Patterns
- Sparring
- Self-defence routine
- Power breaking
- Special techniques

5.3.1 Pattern (tul)

The competitors will perform optional pattern one after another and then the designated pattern together.

Team tul event:

Scoring will not commence until the command “Shi Jak” is given. Maximum of ten (10) seconds will be allowed for the team to arrive at their starting positions.

5.3.1.1 Score points in tul Match

A. Disqualification, 0 point - individuals

- Missing or adding at least 1 movement
- Mixing Patterns
- Performing the wrong designated pattern
- Move the wrong foot into the next stance for the next movement
- Falling down (total loss of balance)
- Stopping for enough time for the next 3 or more movements
- Passing beyond the line of the umpires’ chairs at any point of pattern
- Not in ready stance within the allotted time (20 Sec)

B. Disqualification, 0 point - team pattern

- If any member of the team fails to enter the tatami within the allotted time once called forward.
- If any of the team members performs in a way that scores “0” (zero) in individual patten then team pattern will be scored “0” (zero).

Note: If any one section of a pattern scores “0” (zero) then the pattern scores “0”

C. Minus 2 points

- **Technical contents**
 - If performing the incorrect (or wrong) technique (eg: instead of doing Anpalmok makgi performs Bakatpalmok makgi)
 - After finishing the pattern & to move the wrong foot.
 - If performing the wrong stance (instead of gunnunsogi performs L-stance)
 - If performing twice, and any subsequent height/level of the same technique mistake
 - If performing twice or more, any subsequent “same family” mistake
 - If performing twice or more, any subsequent incorrect stance dimensions mistake
 - If performing twice or more “shouting” at any point of patterns
 - If performing twice or more, any subsequent incorrect “heel lifting” at the point of execution in Moa sogi
- **Balance**
 - If performing twice or more, any subsequent loss of balance that causes the foot to return to the floor for the stability
- **Breath control**
 - If performing twice or more any subsequent incorrect specific techniques (such as slow / fast/ continuous/connecting motion)
 - If performing twice or more any subsequent “impact” or “hard” breath controlling at the end of techniques stated as slow-motion.
 - If performing twice or more any instance of poor coordination of breathing and technique.
- **Power**
 - For any continued general low level of power.

- **Rhythm**
 - If performing twice or any subsequent mistake of incorrect use of specific techniques such as normal/ slow/fast/continuous /connecting motions.

D. Minus 1 point

- **Technical contents**
 - If any performance of an incorrect height of the movement
 - If performing any a mistake with the “same family” (Eg; instead of outer forearm block, using knife-hand block)
 - If performing an incorrect distance dimensions mistake
 - For any first “shouting” at any point of the pattern.
 - If any case of “heel lifting” at the point of execution in Moa sogi
- **Balance**
 - If any a loss of balance that causes the foot to return to the floor for stability.
- **Breath control**
 - If any a mistake of performing the movements according to the specific techniques such as fast, slow, continuous, or connecting motion..
 - If any use of “impact”, or “hard” breath controlling at the end of slow-motion. If any instance of poor coordination of breathing and movement.
- **Power**
 - If performing with a generally low level of power for any a movement.
 - If performing without coordination of a movement according to the theory of power.
- **Rhythm**
 - If slowly performing as if to a normal “count”.
 - If too quickly performing as if to a normal “count”.
 - If any mistake of performing the movements according to the specific techniques such as fast, slow, continuous, or connecting motion.

E. Team work

- If any member of the team performs in a way that will receive a minus point in individual Pattern Competition then that relevant section of team Pattern will receive the appropriate -1 point.
- If any member of the team performs in a s second or subsequent way that will receive a minus 2 points (-2) in individul Pattern Competition then that relevant section of team Pattern will receive the appropriate -2 points.
- If the first instance where any team incorrectly applies the correct normal/slow/fast/continuous/connecting motion, or breaks the correct application in any way team pattern will receive -1 point.
- If the second or subsequent instance where any team incorrectly applies the correct normal/slow/fast/continuous/connecting motion, or breaks the correct application in any way team pattern will receive -2 points.

5.3.2 Sparring

- In preliminary rounds, competitors will be divided in groups of three or four where possible. They will compete against each other and those competitors who receive more points will proceed to the pyramid system.
- In preliminary rounds, Juniors and Adults competitors will be divided in groups of three or four where possible. They will compete against each other and those competitors that qualify from the groups will proceed into the pyramid system stage. In some cases also the best runner-up of the group will proceed.

- In all matches of **children** and **veteran** competitors the pyramid system will be applied from the outset.
- Head guards are compulsory for all age categories
- Shin guards are compulsory for all age categories
- Allowed safety equipment
 - gloves shall be closed 10 ounce, showing “10oz” on the gloves. This applies for adults, juniors and veterans.
 - Children safety sparring equipment does not change - same as in previous years.
- Allowed hand techniques and kicks.
 - Hand techniques – Hand techniques using “Ap jumok”, “Dung jumok” and “Yop jumok”.
 - Foot parts – “Ap kumchi”, “Bal Dung”, “Balkal”, “Bal duitchuk”, “Balbadak”.
- When the centre referee considers a 4 or 5 points technique has been scored he/she will stop the match with the command “Hecho”. He/she will raise his/her hand indicating 4 or 5 points techniques. His other arm pointing to the relevant competitor and the corner referees must score the points. The coach of the opposite team can ask for video protest about the decision of the centre referee.
- Team event sparring:
 - Each team will have a maximum of 20 seconds for a competitor to be ready to spar. Time clock will be shown with 20 second countdown for first team. When this member is ready the clock will be restarted for the opposing competitor, this will be a maximum of 40 seconds between each bout. Failure with competitor to be ready within 20 seconds, will result in him/her losing that match.

5.3.3 Power breaking test

The power breaking will follow the ITF rules – system of qualification technique which must be scored with full points.

5.3.4 Special techniques

Special techniques will follow the ITF rules - the same format as in Power. Also individuals and teams will have to give lengths and heights within the registration. Minimal lengths and heights are set for juniors and adults (see the Age categories sections below).

- For high jump techniques target height will be measured at the **middle point of the target**.
- For flying long sidekick middle point of the target must be above the height of the hurdle.
- When performing Twimyo nopi chagi and Twimyo dollyo chagi, the competitor must take a run-up and take off on the kicking foot, pulling the other leg to the chest. The target must be broken with the jumping foot whilst lowering the other leg (scissor kick).
- There will be an elimination, which will be free choice, and the paddle must be moved 90 degrees. Once a competitor is successful at the elimination they will then continue with the other techniques. Scoring 3 points for a paddle moved 90 degrees, 1 point for moving the paddle. Whoever accumulates the most points across all techniques will be the winner.

5.3.5 Self-defence routine

Self-defense routine must consist of 1 + 3 (male hero) and 1 + 2 (female hero).

- The team will have only ten (10) second introductions before the hero shouts “Ya”.
- For Junior and Adult Championships, competitors should perform within a minimum of 40 seconds and a maximum of 60 seconds. Two points will be deducted for two seconds under (38-40) or over (60-62) the time period; any more will result zero points (0).

5.4 AGE CATEGORIES

5.4.1.1 Children

Competition of children will take place only during first 3 days of the Championship (Wednesday till Friday).

Children must be 11, 12 or 13 years old on **Monday 1st April 2019** and must be red or black belt holders, in line with the ITF promotion rules. Children 1st degree must be minimum of 11 years old.

Each country will be allowed two (2) competitors in each division for the children's competition.

5.4.1.2 Children patterns

Patterns for children's red belts: Chon-Ji to Hwa-Rang for 2nd gup, to Choong Moo for 1st gup.

Patterns for children's black belts: Chon-ji to Ge-Baek.

Patterns will be separate for red and black belt divisions.

5.4.1.3 Children sparring

Red and black belts will be together (male red and male black belts holders; female red and female black belts holders). There will be seven **weight divisions** for sparring as follows:

Male: -35 kg, -40 kg, -45 kg, -50 kg, -55 kg, -60 kg, +60 kg

Female: -30 kg, -35 kg, -40 kg, -45 kg, -50k, -55 kg, +55 kg

Head guards will be compulsory for all children sparring together with existing compulsory protection.

There will be no power and no special technique for children, there will also be no team event for children.

5.4.2 Juniors

There are two junior divisions:

- **Younger juniors** must be 14-15 years old on **Monday 1st April 2019** and must be 1st, 2nd, or 3rd degree ITF black belt certificate holders.
- **Older juniors** must be 16-17 years old on **Monday 1st April 2019** and must be 1st, 2nd, or 3rd degree ITF black belt certificate holders.

Junior Younger and Older age groups are only used for individual and team sparring.

Juniors 2nd degree must be minimum of 14 1/2 years old,

juniors 3rd degree must be a minimum of 16 ½ years old.

Maximum of two (2) junior competitors per country are allowed for individual divisions.

Two (2) for juniors 14-15 years old and two (2) for juniors 16-17 years old.

5.4.2.1 Patterns (tul)

Patterns for Juniors will be separated by grade and gender, but not by age category. 1st to 3rd Dan

5.4.2.2 Sparring (Matsogi)

Male 14-15 years: - 45 kg, - 50 kg, - 55 kg, - 60 kg, - 65 kg, - 70 kg, +70 kg

Male 16-17 years: -45 kg, -51 kg, -57 kg, -63 kg, -69 kg, -75 kg, +75 kg

Female 14-15 years: 40 kg., - 45 kg., - 50 kg., - 55 kg., - 60 kg., - 65 kg., + 65 kg

Female 16-17 years: 40 kg, - 46 kg,- 52 kg,- 58 kg, - 64 kg,- 70 kg, +70 kg

5.4.2.3 Junior special techniques minimum heights:

Juniors	Male	Female
Flying high front kick (twimyo nopi chagi)	2,7m	2,2m
Flying high turning Kick (twimyo dollyo chagi)	2,4m	2,1m
Flying high back kick (twimyo bandae dollyo chagi)	2,3m	2,0m
Flying long side kick (twimyo nomo chagi)	2,5m x 0,7m	1,5m x 0,7m
Flying high reverse (twimyo dolimyo chagi 360°)	2,3m	2,0m

5.4.2.4 Junior teams

NGBs may register separate teams (5+1) for each discipline.

In the junior 14-15 Team Sparring event, teams must include only competitors 14 or 15 years old.

In the junior 16-17 Team Sparring event, the teams must include only competitors 16 or 17 years old.

5.4.3 Adults

Competitors participating in Adult age category must be 18-39 years old on **Monday 1st April 2019** and must be 1st, 2nd, 3rd, 4th, 5th or 6th Dan ITF black belt certificates.

In line with ITF promotion rules: Adult 4th degree must be a minimum of 22 years old.

Two (2) adult competitor per country are allowed for individual division or category.

The 5th and 6th degrees will compete in degree for pattern and be able to compete within the existing divisions of sparring, power, special technique and self-defence routine. They will also be eligible to enter the team events, therefore the adult teams will be allowed to perform any pattern up lowest degree in the team.

5.4.3.1 Adult patterns (tul)

Patterns for adults will be separated by grade, and gender. 1st to 6th Dan.

5.4.3.2 Adult sparring

Male: -52 kg, - 58 kg, - 64 kg, - 71 kg, - 78 kg, - 85 kg, - 92 kg. + 92 kg.

Female: 47 kg, - 52 kg, - 57 kg, - 62 kg, - 67 kg, - 72 kg, - 77 kg., + 77 kg.

5.4.3.3 Adult teams

As per new ITF rules, NGBs may register separate teams (5+1) for each discipline.

5.4.3.4 Adult special techniques minimum heights:

Adults	Male	Female
Flying high front kick (twimyo nopi chagi)	2,8m	2,3m
Flying high turning Kick (twimyo dollyo chagi)	2,5m	2,2m
Flying high back kick (twimyo bandae dollyo chagi)	2,4m	2,1m
Flying long side kick (twimyo nomo chagi)	2,5m x 0,7m	1,5m x 0,7m
Flying high reverse (twimyo dollimyo chagi 360°)	2,4m	2,1m

5.4.3.5 Adult power test

Adult Minimum boards	Male	Female
Ap Joomuk	2	-
Sonkal	2	1.5
Balkal	4	3
Bal Ap Kumchi	3	2
Bal Duit Chuk	3	-

5.4.4 Veterans

Competitors for the Veteran Championship must be 40 – 49 years old (Silver Class) or 50 – 59 years old (Gold Class) on **Monday 1st April 2019**. There is no Platinum class.

Competitors must be holders of 1st, 2nd, 3rd, 4th, 5th or 6th Dan ITF black belt certificates.

5.4.4.1 Veteran power test

According to ITF rules.

Veteran Minimum boards	Male	Female
Sonkal	2	1.5
Balkal	3	2
Bal Ap Kumchi	3	2

5.5 UMPIRES

The Organizing Committee will pay **7 days/ 6 nights** (Tuesday – Monday) hotel accommodation for 60 qualified umpires and 5 Umpire Committee members. Umpires are selected by the Umpire committee and invited personally by the President of the EITF Umpire Committee. NGBs must confirm if their invited umpires are able to arrive.

Late arrival is not acceptable. Invited umpires will be required to attend all the Umpire Meetings and carry out all their duties as scheduled in the period of the event. Their accommodation is paid excluding any extra services (drinks, telephone calls etc.). The EITF Umpire Committee will dismiss any Umpires who do not abide by the work schedules or guidelines and such Umpires will have to pay for the hotel accommodation and meals by themselves.

Other (not invited) umpires may also attend but they must pay for the Hotel expenses and may or may not be used by the umpire committee.

The Umpire's dress code will consist of the navy blue blazer jacket, white long sleeved shirt, navy blue trousers, navy blue necktie, white short socks and white sport shoes as stated in the Umpire rules.

5.6 COACHES

Coaches are the only responsible persons who may stand in for the competitor, hand in protests, etc.

Coach must be ITF Black belt holder 1st degree minimum. Coaches must be able to speak the official language - English and use both English and Korean terminology.

Coaches must attend the coaches meeting.

Only one coach is allowed to enter the ring with the competitor or team.

All coaches should know and strictly observe the ITF Tournament & Umpire Rules. All coaches are responsible for ensuring that their competitors conduct themselves in a courteous manner and adhere to the ITF tournament rules. Coaches must unconditionally obey the commands and decisions of umpires in duty, Umpire Committee, Tournament Committee and staff in duty, as long as they are not contradictory to the ITF Tournament & Umpire Rules.

5.7 OFFICIAL PROTEST

The protest must be immediately notified to the jury president at the end of the match. Once a protest is immediately received, the normal protest time allocation is then applied.

Regulated protest fee (EUR 100) must be paid when presenting the protest. (If the protest is valid, then the protest fee will be returned to the coach.)

5.8 AWARDS FOR PARTICIPANTS

All participants will receive a Certificate of Participation signed by the EITF President and President of the Organizing Committee. Finalists of specified divisions and categories will receive the Diplomas and Medals.

5.9 CEREMONIES

For the Opening Ceremonies, the participants can wear the ITF Dobok or the team apparels. Each Country must submit two participants and officials to represent their country during the official parade.

6 SCHEDULE

DAYS BEFORE COMPETITION

Saturday 30th March		location
all day	Arrival of delegations	Hotels
12:00 – 15:00	Lunch	Hotels
20:00 - 22:00	Dinner	Hotels
Sunday 31st March		
all day	Arrival of delegations	Hotels
12:00 – 15:00	Lunch	Hotels
15:00 – 20:00	Accommodation payment, EITF Registration & Payment	RDS Stadium
20:00 - 22:00	Dinner	Hotels
Monday 1st April		
all day	Arrival of delegations	Hotels
9:00 – 13:00	Accommodation payment, EITF Registration & Payment	RDS Stadium
9:00 – 13:00 14:00 – 21:00	Competitor's check and weight check	RDS Stadium
12:00 – 15:00	Lunch	Hotels
19:00	Deadline for coaches to arrive to the Registration	
21:00	End of registration	
20:00 - 22:00	Dinner	Hotels
23:00	Recommended latest arrival for all teams	
Tuesday 2nd April		
8:30 – 12:00	Competitor's check and weight check	RDS Stadium
10:00	Deadline for teams to arrive for Competitor's check & weight check	
12:00	Deadline for paid changes in applications	RDS Stadium
08:00 – 12:00	Preparation of the sports hall	RDS Stadium
12:00 – 15:00	Lunch	Hotels
13:00 – 15:00	EITF Executive Board meeting	Hotel Du Soleil
13:00 - 15:00	Preparation of startings lists based on changes	
15:00 - 17:00	Coach meeting and Draw	Hotel Du Soleil
17:00 - 19:00	Preparation of starting lists, draws online at 20:00 www.eitf-taekwondo.org	
20:00 – 22:00	Umpire meeting, training of scoring system operators	Hotel Du Soleil
20:00 - 22:00	Dinner	Hotels

COMPETITION DAYS

Wednesday 3rd April		location
06:30 – 07:45	Breakfast	Hotels
8:30 - 13:00	Competition in Sports hall	RDS Stadium
13:00 – 15:00	Lunch break	Hotels
15:00 - 18:00	Competition in Sports hall	RDS Stadium
18:00 – 18:30	Opening ceremony	RDS Stadium
19:30 - 21:00	EITF Congress	
20:00 - 22:00	Dinner	Hotels
Thursday 4th April		
06:30 – 07:45	Breakfast	Hotels
8:30 - 13:00	Competition in Sports hall	RDS Stadium
13:00 – 15:00	Lunch break	Hotels
15:00 - 18:00	Competition in Sports hall	RDS Stadium
20:00 - 22:00	Dinner	Hotels
Friday 5th April		
06:30 – 07:45	Breakfast	Hotels
8:30 - 13:00	Competition in Sports hall	RDS Stadium
13:00 – 15:00	Lunch break	Hotels
15:00 - 18:00	Competition in Sports hall	RDS Stadium
20:00 - 22:00	Dinner	Hotels
06:30 – 07:45	Breakfast	Hotels
Saturday 6th April		
06:30 – 07:45	Breakfast	Hotels
8:30 - 13:00	Competition in Sports hall	RDS Stadium
13:00 – 15:00	Lunch break	Hotels
15:00 - 18:00	Competition in Sports hall	RDS Stadium
20:00 - 22:00	Dinner	Hotels
Sunday 7th April		
06:30 – 07:45	Breakfast	Hotels
8:30 - 13:00	Competition in Sports hall	RDS Stadium
13:00 – 15:00	Lunch break	Hotels
15:00 - 18:00	Competition in Sports hall	RDS Stadium
20:00 - 22:00	Dinner	Hotels
21:00	After party	
Monday 8th April		
07:00 – 09:00	Breakfast	Hotels
10:00	Closing meeting of TOC	
07:00 – 12:00	Departure	

7 SUMMARY

7.1 DEADLINES

- **Accommodation application deadline:** 15.01.2019
- Visa application deadline: 15. 01. 2019
- Prepayment (deposit) deadline: 15. 01. 2019
- **Full application deadline:** 28.02.2019
- **Latest arrival of coach for registration:** Monday, 18:00, 1st April 2019
- **Recommended arrival time of teams:** Monday evening, ,1st April 2019
- **Latest arrival of the whole team for competitor's check:** Tuesday, 10:00, 2nd April 2019

7.2 MEETING POINT FOR REGISTRATION AND ACCOMMODATION

RDS STADIUM – SPORT ARENA - Piazzale Pasolini 1/c - 47923 Rimini (RN)

7.3 CONTACTS

7.3.1 Main contact address: support@eitf-taekwondo.org

Please ALWAYS USE ONLY THIS EMAIL address. It will help us answer your emails faster and be up-to-date with all important information during the preparation of the Championship.

E-mails sent to this address are automatically sent to Tournament Committee, Organizer and IT Provider.

7.3.2 Contact person for arriving teams and emergency number during competition

Telephone number: +39 392 572 72 72

7.3.3 Tournament Committee

Ladislav.burian@exchange4u.cz

7.3.4 IT Provider

rajtr@rajtr.cz

CHANGE LOG

Version	Date, time	description
1.0	6.1.2019	Full Information pack, ITF Rules extended explanation
0.4	28.10.2018	Graphical finalization, Preliminary Information pack
0.3	23.10.2018	Major Schedule changes
0.2		Organizer input
0.1	17.9.2018	First draft