

International Taekwon-Do Federation I.T.F.



국제 태권도 연맹



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Dear ITF EB Members and Chairpersons of Standing Committees,
Dear NGB Representatives, Grand Masters, Masters and Instructors,
Dear Taekwon-Do practitioners,

RE; ANTI-DOPING EDUCATION

1. We hope that everyone is keeping safe during this difficult time.
2. We refer to our earlier letter on Anti-Doping Education, dated 8 January 2020.
3. We remind our Taekwon-Do practitioners of the importance of familiarizing themselves with the World Anti-Doping Code. In light of ensuring that our Taekwon-Do practitioners are aware of the World Anti-Doping Code, we now inform our practitioners that completing the e-learning courses are **compulsory**.
4. The WADA website is very instructive and can be reached at <https://www.wada-ama.org/>. In particular, we **require**:
 - a. Coaches to complete the **CoachTrue** module, accessible at the WADA website at <https://www.wada-ama.org/en/resources/education-and-prevention/coach-true>; and
 - b. International athletes to complete the **ALPHA** module, accessible at the WADA website at <https://www.wada-ama.org/en/resources/education-and-prevention/alpha>.

The modules are available in a few languages. You will be required to register for an account with the Anti-Doping e-learning platform ("ADel") in order to access the e-learning modules. Please do so and choose "Taekwondo-AUT" as your Federation / Organization when you are updating your information.

5. Please note that evidence of your attendance of these e-learning courses may be required prior to the participation of any ITF-sanctioned events.
6. Your action to the above matters would be greatly appreciated.

Yours in Taekwon-Do,

ITF HQ

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