



INTERNATIONAL INSTRUCTORS COURSE & TECHNICAL SEMINAR



**17TH - 19TH
MAY 2024
HELENSBURGH,
SCOTLAND**



HOSTED BY



CONDUCTED BY GRANDMASTER HUTCHISON IX
Celebrating 50 years in Taekwon-Do 1974 -2024

BITF President/ITF EB Member/Chairman Junior & Veteran's Committee
President IMG Great Britain

CONTACT INFO: Seminar: bitfsecretary@gmail.com
Local Info: mac@smmacombatsports.co.uk





ITF International Technical Seminar & Instructor Course

The British Isles Taekwon-Do Federation invites you to attend the International Technical Seminar (ITS) & Instructor Course (IIC) conducted by Grandmaster L Hutchison BITF President, ITF Chairman Junior & Veteran Committee & ITF Executive Board Member.

Venues

Friday 17th May IIC

3:00pm - 7:00pm

Helensburgh Parish Church

Colquhoun Street

Helensburgh

G84 8UP

Please note on-street Parking is 1 hour no-return and monitored regularly by traffic wardens. Fee paying car parking is available off Sinclair Street, G84 8TG

Saturday 18th May ITS 9:30am - 4:00pm

Sunday 19th May ITS 9:30am - 1:00pm

Sunday 19th May Grading 2:00pm - 4:00pm

Hermitage Academy

Cardross Road

Helensburgh

G84 7LA

Free car parking available at venue

| GRADE | ITF BOOKLET | COST |
|---------------------------------|---------------------------|-------------|
| 4th - 1st KUP (Sat Only) | N/A | €70 |
| 1st - 2nd Degree ITS | Booklet Holder | €110 |
| 1st - 2nd Degree ITS | Non-Booklet Holder | €140 |
| 3rd - 6th Degree ITS | Booklet Holder | €160 |
| 3rd - 6th Degree ITS | Non-Booklet Holder | €225 |
| 3rd - 6th Degree ITS/IIC | Booklet Holder | €260 |
| 3rd - 6th Degree ITS/IIC | Non-Booklet Holder | €375 |
| 7TH DEGREE & ABOVE | Booklet Holder | €60 |

FOR REGISTRATION: ITF DATABASE

ALL FEES TO BE PAID TO:

British Isles Taekwon-Do Federation
Lloyds Bank 16 Market Place
Oldham
OL1 1JG
Account Number - 50478168
Sort Code - 30-96-26
IBAN - GB19 LOYD 3096 2650 4781 68
BIC/SWIFT - LOYDGB21446
REFERENCE - *participants full name*

REGISTRATION CLOSES: FRIDAY MAY 3RD 2024

Course Schedule

International Instructors Course

Helensburgh Parish Church

Attire - Blazer & Tie

Friday 17th May

| | | |
|---------------|---|---------------|
| 15:00 - 15:30 | ~ | Registration |
| 15:30 - 17:00 | ~ | IIC Classroom |
| 17:00 - 17:30 | ~ | Comfort Break |
| 17:30 - 19:00 | ~ | IIC Classroom |

International Technical Seminar

Hermitage Academy

Attire - Dobok & Belt

Saturday 18th May

| | | |
|---------------|---|-------------------|
| 09:30 - 10:00 | ~ | Registration |
| 10:00 - 12:00 | ~ | Practical 1 |
| 12:00 - 13:00 | ~ | Lunch |
| 13:00 - 14:30 | ~ | Practical 2 |
| 14:30 - 14:45 | ~ | Comfort Break |
| 14:45 - 16:00 | ~ | Practical 2 |
| 16:00 - 16:15 | ~ | Photo Opportunity |

Sunday 19th May

| | | |
|---------------|---|---------------|
| 09:30 - 11:30 | ~ | Practical 3 |
| 11:30 - 11:45 | ~ | Comfort Break |
| 11:45 - 13:00 | ~ | Practical 3 |
| 13:00 - 14:00 | ~ | Lunch |

Sunday 19th May

*International Technical Seminar
Hermitage Academy
Attire - Dobok & Belt*

| | | |
|---------------|---|-----------------|
| 14:00 - 14:30 | ~ | IIC Exam |
| 14:30 - 16:00 | ~ | Black Belt Test |

All attendees are invited to a banquet at The Duck bay Marina on the Saturday evening, we will be in touch with details & cost nearer the date.

Seminar Enquiries: Miss Lyn Talbot
bitfsecretary@gmail.com
+44 (0)7590 482226

Local Area Enquiries: Mr Steven McLaren
mac@smmacombatports.co.uk
+44 (0)7722068238

TRAVEL INFORMATION

TRAIN TRAVEL

FRIDAY: *Helensburgh Parish Church* - Helensburgh
Central train Station

SATURDAY & SUNDAY: *Hermitage Academy* -
Craigendoran train station

AIR TRAVEL

Glasgow International Airport

LOCAL HOTEL RECOMMENDATIONS

TRAVELODGE HELENSBURGH SEAFRONT

112 - 117 W Clyde Street

Helensburgh

G84 8ES

Tel: 0871 559 1823

www.travelodge.co.uk/hotels/462/.Helensburgh-seafront-hotel?sb=0

Distance From Venues

Friday - 0.4 miles

Saturday - 1.9 miles

COUNTY HOTEL HELENSBURGH

Old Luss Road

Helensburgh

G84 7BH

Tel: 01436 672034

www.booking.com

Distance From Venues

Friday - 1 mile

Saturday - 0.6 miles

DUCK BAY HOTEL

Auchendennan Lodge

Auchendennan Road

Alexandria

G83 8QZ

Tel: 01389 751234

www.duckbay.co.uk

Distance From Venues

Friday - 6.5 miles

Saturday - 7.9 miles

QUEEN OF THE LOCH

Old Luss Road

Balloch

Alexandria

G83 8QW

Tel: 01389 656070

www.queenofthelochpublochlomond.co.uk

Distance From Venues

Friday - 8 miles

Saturday - 9.4 miles

PREMIER INN DUMBARTON

Lomondgate Drive

Dumbarton

G82 3BN

Tel: 0333 321 9214

www.premierinn.com

Distance From Venues

Friday - 11 miles

Saturday - 8.3 miles