



All Australia ITF online

ITF International Instructor Course



Saturday 12th - Sunday 13th March 2022

Grand Master Dr Linda Low

ITF EB Member President AAITF

Oceania II Course Conductor

You are cordially invited to this AAITF event hosted by GM Dr Linda Low and endorsed by the ITF and ITF Technical & Education Committee.

The event will take place via Microsoft Teams video link.

Schedule: Sat 12th Mar 12pm WA/3pm ES – 4pmWA/7pm ES

(smart casual dress)

Instructor duty, role, classification and function as the core of ITF, Training content and methods, principles of sport training and safety, theory, philosophy of TKD, ethical standards, tenets, oath, history of TKD, TKD secrets, composition of TKD

Sun 13th Mar 9am WA/12pm ES – 1pm WA/4pm ES (Dobok)

Practical Education – how to lead a class, planning the format of lessons, knowing student variables and getting best potential, Dojang conduct, training equipment, belt specific training schedules, content & methods of grading tests.

Tests for II Certificate will take place at the end of this session.