

INTERNATIONAL TAEKWON-DO FEDERATION

Vienna, Austria



TEST DISTRIBUTION PLAN

Version	Date	Drafted by	Reviewed by	Approved by
1	25 May 2020	Chen Weiling	ITF Anti-Doping Committee	ITF HQ
2	5 September 2020	Chen Weiling	ITF Anti-Doping Committee	ITF HQ
3	19 December 2020	Chen Weiling	ITF Anti-Doping Committee	ITF HQ
4	15 December 2021	Derrick Chan	ITF Anti-Doping Committee	ITF HQ

TEST DISTRIBUTION PLAN

1. Introduction

- 1.1. This Test Distribution Plan (“TDP”) shall be read together with the Risk Assessment for the Implementation of an Effective Testing Program (“RA”).
- 1.2. Along with the RA, this TDP shall be reviewed and amended together with the RA within 3 months from the conclusion of each World Championship.
- 1.3. As at the date of this TDP, the following are the current risk factors:
 - 1.3.1. Adults are more likely to dope;
 - 1.3.2. Participants in sparring are at significantly higher risk of doping;
 - 1.3.3. Substances likely to be abused are painkillers and steroids; and
 - 1.3.4. The following countries bear higher risk of doping based on the medals won over the prior 3 World Championships:

Country	Risk factor
DPRK	3
RUSSIA	3
BULGARIA	2
CZECH REPUBLIC	2
UKRAINE	2
All other countries	1

- 1.4. Based on the factors above, the following test distribution is planned:
 - 1.4.1. Testing will be:
 - (a) prioritised for In-Competition Testing which shall comprise 100% of the tests at this stage until the 2023 World Championships. (After this ITF will look at gradually bring this figure down to 90% over the following two years.
 - (b) After the 2023 World Championships. (ITF will look at phasing in gradually over the following three years to start conducting Out-of-Competition tests which will be start at 5% in 2024, then 7% 2025 then finally 10% in 2026.

randomised on the high-risk category of Gold medallists for Adult Sparring categories;

- 1.4.2. Testing after 2025 will be prioritised for ITF-sanctioned events for Adult Sparring categories which shall comprise 90% of all tests, with the remaining 10% of tests randomised between the different disciplines;
 - 1.4.3. Testing will be for Urine Samples only, NGB will conduct at selection events 2 tests and at Worlds Championships, ITF would conduct 16 tests Adult Male/Female Sparring on 1st placing and 2 urine test Male/Female Power breaking; and
 - 1.4.4. Testing shall be prioritised for high-risk countries and for gold-medallists in each category which shall comprise 90% of tests, with the remaining 10% of Out-of-Competition testing randomised between other participating countries phasing in from 2024- 5% to 7% 2025 and 10% in 2026.
- 1.5. The test distribution plan shall be as set out in the **Appendix** to this TDP.

2. Test Coordination with other Testing Authorities

- 2.1. ITF will coordinate with the organising NGB for testing activities at ITF-sanctioned events, the ITF are defining the testing strategy and coordinating with NGBs for their implementation.
 - 2.1.1. The organising NGB has to bear / factor for these costs for testing activities at the ITF-sanctioned event.
 - 2.1.2. After 2023 Out-of-Competition testing will be organised by the NGB costs to be borne / factored for by NGBs, coordinated with their local NADO.
- 2.2. ITF will coordinate with the organising Continental Federations (“CFs”) for testing activities at ITF-sanctioned events, the ITF are defining the testing strategy and coordinating with Continental Federations (“CFs”) for their implementation.
 - 2.2.1. The organising NGB for the CF’s sanctioned event has to bear / factor for costs for testing activities at the sanctioned event. They shall include this in their own Tournament Rules that organising NGB has to bear / factor for these costs
 - 2.2.2. Out-of-Competition testing will be organised by the NGB, costs to be borne / factored for by NGBs, coordinated with their local NADO.
- 2.3. Prior to any testing activity, ITF shall perform a check on the ADAMS system to ensure that any overlapping Testing Authority is addressed. In the event of any conflict, the incumbent Testing Authority shall prevail.
- 2.4. Notwithstanding the responsibilities of the CFs or NGBs in this Clause, ITF remains the Testing Authority and Results Management Authority for all tests for ITF-sanctioned events. (This provision does not prevent respective NGB’s respective NADO to perform their own anti doping activities in the framework of the event)

3. Exceptional Circumstances

- 3.1. As at the date of this TDP, the following exceptional circumstances are prevalent:

- 3.1.1. ITF is in its initial stages of setting up processes and testing procedures;
 - 3.1.2. ITF is currently aligning the testing capabilities and logistical concerns of out-of-competition testing; and
 - 3.1.3. COVID-19 has led to lockdowns and difficulties in achieving the sending samples across borders.
- 3.2. Following the exceptional circumstances above, ITF proposes to suspend the setting up of a Testing Pool and Out-of-Competition testing until such time the exceptional circumstances are addressed or no longer exist, and the next World Championships have taken place.
- 3.3. ITF shall gradually increase the number of out-of-competition tests as the program evolves, and the exceptional circumstances subside subject to the budget of ITF.

Jan – Jun 2022	July – Dec 2022	First half 2023	July - Dec 2023
Education of athletes Learning process on testing Contact with NGBs and NADOs	All NGBs have Anti Doping Representatives and procedures in place	Testing during the WC 2023	Contact with NGBs and NADOs in the phasing in Out-of-Competition testing from 2024- 5% to 7% 2025 and 10% in 2026

APPENDIX

Test Distribution Plan for Testing

Country	ESAs, hGH & GHRF	Samples stored for potential reanalysis	Total Number of urine samples IC
DPRK (In-competition, sparring categories only)	2 Participants (both which are not gold medallists for the current championship*)	2	2
RUSSIA (In-competition, sparring categories only)	2 Participants (both which are not gold medallists for the current championship*)	2	2
BULGARIA (In-competition, sparring categories only)	1 Participants (both which are not gold medallists for the current championship*)	1	1
Other countries (In-competition, sparring categories only)	2 Participants (both which are not medallists for the current championship*)	0	2
In-Competition Testing for Adult Sparring Category Winners	Randomised testing for Gold medallist for each Adult Sparring Category for the current championship	8	8
In-Competition Testing for other disciplines	Randomised testing amongst all disciplines	0	4
Out-of-Competition Testing (that is, the Testing Pool)	Randomised tests on Gold medallists	2	2