



X ITF TAEKWON-DO

ASIAN CHAMPIONSHIPS

19-25 AUGUST 2024

BENGALURU, INDIA

INFOPACK

ORGANIZER & PROMOTER

PROMOTER

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ORGANIZER

Taekwon-Do Association of India ITF
& Taekwon-Do Association of Karnataka ITF
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ATF TOURNAMENT COMMITTEE

Chairman : Grand Master Dr. Rajendran Balan

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ATF UMPIRE COMMITTEE

Chairman : Grand Master Tan Chek Si

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ORGANIZING COMMITTEE

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#WELCOME

Dear ATF Leaders, Grand Masters and Masters,
Dear NGB Presidents and participants,

The 10th Asian Taekwon-Do Championships will be held at Bengaluru, India from August 19-25th 2024. As the President of the India ITF, it is my great honor and pleasure to welcome all the family members of ATF to India for this Championships in Bengaluru, the beautiful city of India.

India ITF hopes to cooperate with you to make "The 10th Asian Taekwon-Do Championships" as one of the highest satisfaction international events in the ATF history with the most participating countries, the largest competition scale and the best service level.

Bengaluru is a world famous historical, cultural city, situated at the Southern part of India. There have a long history and splendid culture, rich heritage of the unique human landscape. I hope you will enjoy a pleasant and memorable experience in Bengaluru, India.

We sincerely hope that you will be able to accept our invitation and join the participants from over 35 countries of Asia. Let me assure you that we are most anxious to welcome your team to the championships and the organizing committee will do their utmost to make your visit pleasant and memorable one.

I look forward to meeting you all during The 10th Asian Taekwon-do Championships to be held from 19-25th August 2024.

Sincerely yours in Taekwon-Do,



Grand Master Dr. Rajendran Balan
President – Taekwon-do Association of India ITF
President – South Asian Taekwon-do Federation ITF
Vice President – Asian Taekwon-do Federation
EB Member – International Taekwon-do Federation



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#BENGALURU

The City Bengaluru situated in the south part of India, which belongs to Karnataka province, it's famed for ancient culture, it is most vibrant and Asia's fastest growing cosmopolitan city in India. The city has hosted numerous International cultural events as well as sporting events,. Bengaluru is a garden city of India which has the highest number of green garden in and around, also know as a cleanest city in India.

A lot of sightseeing like Vidhana Soudha, Bannerghatta National animal park, Lalbagh & Cubbon park will make your eyes cool.



India is home to diverse population paying many types of sports across the country. Cricket is the most popular sport in India. Field hockey is the most successful sport for India. Kabbaddi is the most popular indigenous sport in the country.

The city has hosted and co-hosted several international sporting events like ICC Cricket World Cup, Asian Athletic Championships, World Hockey League, Kabbadi World Cup, Snooker World Championships, Asian wrestling Championships etc etc.



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#VENUE

The venue for the 10th Asian ITF Taekwon-Do Championship is Sree Koramangala Indoor Stadium one of the biggest sports Arena in India with basket ball wooden flooring and world class seating arrangements.

The capacity of stadium is with a seating Arrangement of 5000 people and the event Arena is 10,800 sq.ft. It has numerous Meeting rooms, Exhibition spaces, Changing Rooms, huge parking area all under the roof. Adjacent to the Stadium an outdoor Athletic Stadium as well as healthy sports canteen, Gymnastics sports Arena, Tennis Court etc.



The venue have hosted many national and international events like Asian wrestling championships, Judo Championships, Karate Championships and National and South Asian Taekwon-do championships. The stadium is centrally air conditioned with world class facilities.



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#WEATHER IN BENGALURU

The weather in Bengaluru is pleasant through out the year.

	High / Low (°C)	Rain
August month	28° / 20°	12 days

#TRANSPORTATION & ARRIVAL

Transportation to and from Bengaluru International Airport, between the Venue Sree Koramangala Indoor Stadium and the hotels, will be arranged by the organizer according the prior bookings.

No transportation may be available from the organizer without prior and timely booking; subsequently own means of transportation will need to be arranged in all other cases.

IMPORTANT : The arrival of all delegations must be on the 20th of August, until 11.00 am. Arrival time means time of arrival to the weighing room.

Teams arriving at the Bengaluru International Airport, should inform the organizing committee of their schedule, including arrival/departure time and flight numbers on or before **01st June 2024**.

NOTE : The transfer of carried out around the clock for teams over 5 people. In case of arrival of teams (part of the team) less than 5 people, the wait time of up to several hours is possible.



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#VISA

Any countries requiring the visa are requested to contact the nearest Indian Embassy or consulates to obtain the visa on time. The waiting time vary according to the countries. If you are in need of any assistance from the Organizing Committee, please complete Visa Form and send it as soon as possible to the Organizing Committee before **15th March 2024** by e-mail: 10th.atc@gmail.com.

It is much easier and quicker to get your visa if you travel as a tourist. In that case you should apply for a tourist visa and indicate the purpose of your trip as tourism in your visa application form. Most of the countries can enter India with e-visas.

#CHAMPIONSHIPS RULES & REGULATIONS

This Championship is held in accordance with the ITF Rules, unless stated otherwise in some specific cases. If not covered by the ITF rules, then this Info Pack applies.

- **COMMON MEDICAL RULES VALID FOR ALL :**



- To protect the health safety of all participants during the 10th Asian ITF Taekwon-Do Championships, the ITF Medical Rules and regulations will be strongly enforced by the local ATF Tournament Organizing Committee. For further details, please refer to the ITF HEALTH PROTECTION CHECKLIST published at <https://www.itf-tkd.org/rules-and-forms/>.
- The international Medical insurance Certificate shall be uploaded to the each participants' personal profile in the ITF DB and will be checked during the participants' check/weigh in procedure. The organizer will not assume responsibility for any damages or losses incurred by anyone all through the event.
- The Organizing Committee will provide professional First Aid to the participants in the Sport Hall during the competition.



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#CHAMPIONSHIPS RULES & REGULATIONS



- **COMMON ANTI-DOPING RULES VALID FOR ALL :**

Please, be aware that doping testing will be performed for Adult Male/Female competitors in the individual sparring and individual power breaking divisions. A competitor who declines or doesn't follow the direction of the Doping Control Official will be disqualified.

All participants must have the following valid documents uploaded to their personal ITF DB profiles prior to the arrival for the event. These documents will be mandatory checked during the participants' check/weigh-in procedure.

- Competitors:
Certificate of International Level Athletes Education Program
ADEL Certificates issued from WADA upon the completion of the anti-doping e-learning program.
ATHLETE ANTI-DOPING CONSENT FORM (attached to this Infopack), duly signed by Athlete (Parent/Guardian).
- Coaches:
Certificate for ADEL for High Performance Coaches Education Program
ADEL certificates issued by WADA upon completion of the anti-doping e-learning program.

Please take note that all Anti-Doping certificates are valid for 2 years, the certificates issued before the date 18th August 2022 will not be accepted.

For more Anti-Doping education information kindly visit:

<https://adel.wada-ama.org/>

Please, also refer to link on ITF website: - <https://www.itf-tkd.org/anti-doping-education-tools/> or WADA website.



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#CHAMPIONSHIPS RULES & REGULATIONS



- **COMMON ANTI-DOPING RULES VALID FOR ALL :**
- **THERAPEUTIC USE EXEMPTION (TUE) :**

Athletes may have illnesses or conditions that require them to take particular medications or to utilize particular methods of treatment. If the medication that an Athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a Therapeutic Use Exemption (TUE) gives that Athlete the authorization to take the needed medicine so long as the Athlete fulfils all the mandatory criteria to do so.

The Prohibited List can be checked at:

- [WADA Prohibited List](#)
- [Global DRO](#)

- **WHAT ARE THE CRITERIA YOU MUST FULFIL IN ORDER TO OBTAIN A TUE?**

The criteria for obtaining a TUE can be found at:

- [International Standard for Therapeutic Use Exemptions \(ISTUE\)](#)



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CHAMPIONSHIPS RULES & REGULATIONS

• Dress Code for Competitors

- Competitors are allowed to wear ONLY the official ITF-Approved Doboks of the SASUNG or Dae do brands
- Competitors are allowed to bear their country name on the back of the Dobok jacket under the Taekwon-Do “tree”.
- The Competitor’s ITF ID number should be located below the belt on the back of the Dobok jacket.
- Competitors are allowed to bear their NGB logo or trademark of their sponsor on the left sleeve of their Dobok and it should be located 15 cm down from the shoulder line.
- Competitors are allowed to bear their national flag (3 cm by 5 cm) on the right side of the front of the Dobok jacket at the same level with the ITF Logo located on the left side of the Dobok jacket.



SASUNG



Grade Holder



Black Belt Holder

DaeDo



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CHAMPIONSHIPS RULES & REGULATIONS

• General

- Every NGB must submit two National Flags (1 meter X 2 meters) and a USB memory stick with the National Anthem (45 seconds.) to the Organizing Committee at the onsite Team Registration.
- Program of competitions: Detailed preliminary schedule by ring will be provided prior to the competitions.
- The schedule may be changed during the course of the competitions at the ATF Tournament Committee discretion.
- All disciplines may start on the first day of the Championship. There is no mandatory order of disciplines in the program. Therefore, competitors and teams must be ready to participate in self-defence, special techniques or power events even before the sparring event.
- Only one team from one country can participate and that team shall perform Pattern, Sparring, Special Technique and Power Breaking except for Self-Defence Routine.
- The host country can field 1 member extra in Individual and 2 teams in each category.



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APPLICATIONS

All participants must be a registered member of ITF DB. Applications must be sent only via the ITF DB online registration:

<https://data.taekwondo-itf.com/event/31722/5960>

Only the ITF affiliated NGBs and the ITF Degree holders and the color belts registered in the ITF Database will be able to submit application to take part at the Championships.

Should you have any technical problems accessing the online application system, please contact ITF IT support at support@taekwondo-itf.com.

For any other operational issues, regarding the ITF DB, please, contact :

- Mr. Anton Archipov, ITF Data Protection Officer, a.archipov@taekwondo-itf.com
- Master Lee Sock Cheng, ATF Data Protection Coordinator, kita.sockcheng@gmail.com

Countries requiring a Visa to India should contact the nearest consulate. The waiting period after application of Visas to India might vary, therefore please prepare in advance.

Deadline for NGBs to ask for confirmation of participation: 15th March 2024.

All the information and the passport photo pages must be uploaded to the ITF DB, Passport is legally sensitive data.



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PAYMENTS & PENALTIES

#FEES

- Individual entry fee: **90 USD** per competitor.
- Team entry fee: free of charge.
- Accreditation fee for the countries using their own accommodations, i.e. if not booking via the Organizer: **300 USD** per person (Note: after payment, these participants will receive only ID card and no other package services, including transportation, full board meals and other accommodation-related services).

#PENALTIES

- Any change on the Registration after 1st of August , 2024 is **150 USD**.
- Late arrival of responsible person to the registration is **300 USD**.
- Late arrival of the whole team is **100 USD** per person.

IMPORTANT: The last arrival of all delegations is the **20th August, Tuesday** till **11:00 a.m.**

It is the participant's responsibility to have full insurance coverage for all eventualities. India ITF and organizer will not be responsible for any injury or loss for the participants, before, during and after the Championship.



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ACCOMODATION

The weather in Bengaluru experiences a moderate climate with bearable summers and winters. Hence the Bengaluru witness heavy tourists through out the year who come to visit Mysore (or Mysuru), which is only a 2.5 hours from Bengaluru, a city in India's southwestern Karnataka state, was the capital of the Kingdom of Mysore from 1399 to 1947. In its center is opulent Mysore Palace, seat of the former ruling Wodeyar dynasty. The palace blends Hindu, Islamic, Gothic and Rajput styles. Mysore is also home to the centuries-old Devaraja Market, filled with spices, silk and sandalwood.

That is why the prices vastly depend on when the deposit is paid– namely after 1st, 2nd or 3rd final deadline they will be accommodated on different packages, as it is pointed at the tables below.

Each package includes:

- Accommodation according to selected type of package
- Transport from/to airport
- Full board (breakfast, lunch, dinner)
- Free entrance to the sport hall
- Free entrance to the opening/closing ceremony
- Medical assistance during the competition days (only for injured competitors)



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ACCOMODATION PACKAGES

DEADLINE – 1 15th of April 2024	Standard Package Double room 1 person	Premium Package Double room 1 person
6 Days/5 nights	USD 350	USD 400
7 Days/6 nights	USD 420	USD 480
8 Days/7 nights	USD 490	USD 560
Extra Day	USD 70	USD 80

DEADLINE – 2 01st of June 2024	Standard Package Double room 1 person	Premium Package Double room 1 person
6 Days/5 nights	USD 400	USD 450
7 Days/6 nights	USD 480	USD 540
8 Days/7 nights	USD 560	USD 630
Extra Day	USD 80	USD 90

DEADLINE – 3 15th of July 2024	Standard Package Double room 1 person	Premium Package Double room 1 person
6 Days/5 nights	USD 450	USD 500
7 Days/6 nights	USD 540	USD 600
8 Days/7 nights	USD 630	USD 700
Extra Day	USD 90	USD 100

For Single Room add USD 40 per day.



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DISCIPLINES

Only ITF affiliated NGBs and ITF registered black belt holders can participate in Championship. The degree and age of competitors must be valid on their degree certificates and passports. Competitors must present their ITF Black belt degree card and National passport at the registration.

COMPETITORS:

- Two (2) competitors each division/category in Children Competitions 8-10 years old.
- Two (2) competitors each division/category in Children Competitions 11-13 years old.
- Two (2) competitors each division/category in Junior Competitions 14-15 years old.
- Two (2) competitors each division/category in Junior Competitions 16-17 years old.
- Two (2) competitors each division/category in Adult Competitions 18-34 years old.
- Three (3) competitors each division/category in Veteran Competitions 35-44 years old (Silver Class).
- Three (3) competitors each division/category in Veteran Competitions 45+ years old (Gold Class).
- Teams must consist of five (5) competitors + 1 reserve (optional), not necessarily, chosen out of the individual competitors. Each NGB may register up to twelve (12) juniors. Six must be between 14–15 years old and six must be between 16–17 years old to compete in the Team Sparring, Team Pattern, Team Power and Special technique.



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DISCIPLINES

- The Competitors credentials will be checked through the ITF DB. No other papers of verification is necessary.
- Children Competitors and Junior Competitors must be at the age of 8 to 17 years on the first day of competition i.e. 21st August 2024.
- Adult must be at the age of 18 or above on the first day of competition i.e. 21st August 2024.
- Competitors must wear the official I.T.F. Dobok of Sasung or DaeDo brands only.
- Competitors must be in possession of a Blue and a Red set of approved type safety equipment. Other colors will not be allowed.

COACHES:

- Only one (1) coach is allowed in the square during matches.
- He/she must wear a tracksuit and gymnastic shoes.
- The coach is the only person who can make an official protest.

UMPIRES:

- The Organizing Committee will pay 7 days/6 night's Hotel accommodation for ITF Qualified Official Umpires per country (no drinks and city & international telephone call included)
- A maximum of seven (7) Umpires per country are allowed to officiate in the event: 2 Official Umpires, 1 Standby Umpire and 4 Self Paying Umpires.



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UMPIRES:

- The Standby Umpire will become an Official Umpire if there is any Official Umpire from another country who wishes to cancel his trip to the event. Then their accommodation and meals will be provided by the Organizing Committee. If the Official Umpire list is full, then the Standby Umpires will be considered as Self Paying Umpire. They will have to pay for their own accommodation and meals.
- Umpires will be required to carry out their duties as scheduled.
- Umpires must attend all the Umpire Meetings scheduled in the period of the event.
- The Organizing Committee will dismiss any Umpires who do not abide by the work schedules or guidelines and such Umpires will have to pay for the hotel accommodation and meals by themselves.
- The Umpire's dress code will consist of the Navy blue blazer jacket, White long sleeved shirt, Navy blue trousers, Navy blue necktie, White short socks and White sport shoes as laid down in the Umpire rules.

COMPETITION RULES:

- ITF Tournament and Umpire Rules will be applied in competition for both individual and team events (including Pattern, Sparring, Special Technique, Power Breaking, and Self-defense Routine).
- Weight classes and divisions are specified in the ITF Tournament Rules. Only the age groups are extended. Competitions are held in the following groups:
 - 08-10 years old, 11-13 years old, 14-15 years old, 16-17 years old, 18-34 years old, 35-44 years old, 45 plus years old.



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DISCIPLINES

COMPETITION RULES:

Important :

- The Competitions in Individual and team patterns for all age groups and ranks will be held on the single elimination (olympic pyramid) system both in sparring and patterns.
- The Competitions in individual sparring for Children 8-10 years old and 11-13 years old, as well as for Juniors 14-15 years old (ITF Gup holders) will be held on the single elimination (olympic pyramid) system.
- The Competitions in individual sparring among the ITF Dan holders in Juniors (14-15 years old), Youth U-18 (16-17 years old), Adults (18-34 years old) and Silver Veterans (35-44 years old) will be held on the group system with the group winners and runner ups competing in the single elimination pyramid.
- The Competitions in individual sparring among the ITF Dan holders in Gold Class Veterans (45 years old and up) will be held on the single elimination (olympic pyramid) system.

COMPETITIONS/ EVENTS

The Championship will have the following events:

Individual: Individual Pattern, Individual Sparring, Individual Special Techniques, Individual Power Breaking.

Team: Team Pattern, Team Sparring, Team Special Techniques, Team Power Breaking, Self-defense.

#AGE CATEGORIES

Age Key Date (same for all age categories) – **21st of August, 2024**



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DISCIPLINES

1. INDIVIDUAL PATTERN Divisions (Male and Female):

Age group 8-10 years old: (Children)

COLOUR BELTS

1st division : 2-1 gup

BLACK BELTS

1st division : 1 Dan

Age group 11-13 years old: (Children)

COLOUR BELTS

1st division : 6-5 gup

2nd division : 4-3 gup

3rd division : 2-1 gup

BLACK BELTS

1st division : 1 Dan



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DISCIPLINES – INDIVIDUAL PATTERN

Age group 14-15 years old: (Juniors)

COLOUR BELTS

1st division : 4-1 gup

IMPORTANT : The results of Junior Color Belt holders will not be included in the collective results of Junior (14-15 years old) Black Belt categories. But will be a part of Children categories.

BLACK BELTS

1st division : 1 Dan

2nd division : 2 Dan

Age group 16-17 years old: (Youth U-18)

BLACK BELTS

1st division : 1 Dan

2nd division : 2 Dan

3rd division : 3 Dan

Age group 18-34 years old: (Adult)

1st division : 1 Dan

2nd division : 2 Dan

3rd division : 3 Dan

4th division : 4 Dan

5th division : 5 Dan

6th division : 6 Dan



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DISCIPLINES – INDIVIDUAL PATTERN

Age group 35-44 years old: (Veteran-Silver)

1st division	:	1 Dan
2nd division	:	2 Dan
3rd division	:	3 Dan
4th division	:	4 Dan
5th division	:	5 Dan
6th division	:	6 Dan

Age group +45 years old: (Veteran-Gold)

1st division	:	1 Dan
2nd division	:	2 Dan
3rd division	:	3 Dan
4th division	:	4 Dan
5th division	:	5 Dan
6th division	:	6 Dan



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DISCIPLINES

2. INDIVIDUAL SPARRING

Divisions:

Age group 8-10 years old: (Colour Belt - 6-1st Kup) & 1st Dan Black Belts separate.

Children male: / 25, 30, 35, 40, 45, 50, +50 kg /

Children female: /23, 28, 33, 38, 43, 48, +48 kg /

Note : NGB can register Two (2) competitors in each division/category in Children Competitions 8-10 years old

Age group 11-13 years old: (Colour Belt - 6-1st Kup) & 1st Dan Black Belts separate.

Sub-junior male: / 30, 35, 40, 45, 50, 55, 60, +60 kg /

Sub-Junior female: / 25, 30, 35, 40, 45, 50, 55, +55 kg /

Note : NGB can register Two (2) competitors in each division/category in Children Competitions 11-13 years old

Age group 14-15 years old: (Colour Belts- 6-1st Kup) - Juniors

Junior male: / 45, 50, 55, 60, 65, 70, +70 kg /

Junior female: / 40, 45, 50, 55, 60, 65, +65 kg /

Note : NGB can register Two (2) competitors in each division/category in Children Competitions 14-15 (colour belts – 6-1st Kup) years old.



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2. INDIVIDUAL SPARRING

Divisions: Juniors (Black Belts)

Juniors must be 14-15 years old and must be 1st or 2nd degree ITF black belt certificate holders. Each country will be allowed two (2) competitors in individual sparring and pattern.

Sparring :

Female: - 40 kg, - 45 kg, - 50 kg, - 55 kg, - 60 kg, - 65 kg, + 65 kg.
Male: - 45 kg, - 50 kg, - 55 kg, - 60 kg, - 65 kg, - 70 kg, + 70 kg.

Divisions: Youth U-18 (Black Belts)

Youth U-18 must be 16-17 years old and must be 1st, 2nd or 3rd degree ITF black belt certificate holders. Each country will be allowed two (2) competitors in individual sparring and pattern.

Sparring :

Female: - 40kg, - 46 kg, - 52 kg, - 58 kg, - 64 kg, - 70 kg, + 70 kg.
Male: - 45 kg, - 51 kg, - 57 kg, - 63 kg, - 69 kg, -75 kg, + 75 kg.

Divisions: Adults

Competitors participating in the Adult age category must be 18-34 years old and must be 1st, 2nd, 3rd, 4th, 5th or 6th Degree ITF black belt certificates. Each country will be allowed two (2) competitors in each division.

The 5th and 6th degrees will only compete in individual and team pattern



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2. INDIVIDUAL SPARRING

Sparring : Adults

Female, 1st-4th degree: - 47 kg, - 52 kg, - 57 kg, - 62 kg, - 67 kg, - 72 kg, - 77 kg, +77 kg.
Male, 1st -4th degree: - 52 kg, - 58 kg, - 64 kg, - 71 kg, - 78 kg, - 85 kg, - 92 kg,+92 kg.

. Divisions: Veterans (Black Belts)

Competitors for the Veteran Championship must be 35-44 years old (Silver Class), 45+ years old (Gold Class) and must be 1st, 2nd, 3rd, 4th, 5th or 6th Degree ITF black belt holders. Each country is permitted to register up to three (3) competitors to the individual sparring and individual pattern according to the weight divisions and grade for the Silver and Gold Class. The Veteran's Self- defense routine will not be included. Patterns for Veterans will be separated by rank, gender and age classification. 1st to 6th Degree.

The 5th and 6th degrees will only compete in individual and team pattern.

Sparring : Veteran (Silver) :

Female, 1st-4th degree: - 47 kg, - 52 kg, - 57 kg, - 62 kg, - 67 kg, - 72 kg, - 77 kg, +77 kg.
Male, 1st -4th degree: - 52 kg, - 58 kg, - 64 kg, - 71 kg, - 78 kg, - 85 kg, - 92 kg,+92 kg.

Sparring : Veteran (Gold) :

Female, 1st-4th degree: - 54 kg, - 61 kg, - 68 kg, - 75 kg, +75 kg.
Male, 1st -4th degree: - 64 kg, - 73 kg, - 80 kg, - 90 kg, +90 kg.



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DISCIPLINES

3. INDIVIDUAL POWER :

Competitors participating in the Adult age category must be 18-34 years old. And in the Veteran age category must be above 35 years. Each country can register one (1) competitor in each category.

4. INDIVIDUAL SPECIAL TECHNIQUE :

Competitors participating in the Juniors, Youth –U-18 & Adult age category must be 14-15, 16-17 and 18-34 years old respectively. Each country can register one (1) competitor in each category.

TEAM EVENTS : Divisions:

Age group 8-10 years old: (Colour Belt & 1st Dan Black Belts) separate.

Only Team pattern – Each NGB can register 1 team (male/female) in Children 8-10 yrs category.

Age group 11-13 years old: (Colour Belt & 1st Dan Black Belts) separate.

Only Team pattern – Each NGB can register 1 team (male/female) in Children 11-13 yrs category.

Age group 14-15 years old: (Colour Belts) - Juniors

Only Team pattern – Each NGB can register 1 team (male/female) in Junior 14-15 yrs Colour belt category.



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DISCIPLINES

TEAM EVENTS :

Age group 14-15 years old: (Black Belts) - Juniors

In the Juniors (14-15) Team Pattern, Sparring, Special Technique and Self-defense routine events, the teams must include only competitors 14 or 15 years old. NGBs must register one male and one female team to perform all disciplines except self-defence routine.

Youth U-18 (Black Belts)

In the Youth U-18 Team Pattern, Sparring, Special Technique and Self-defense routine events, the team must only include competitors 16 or 17 years old. NGBs must register one male and one female team to perform all disciplines except self-defence routine.

Team events : Adults :

In the Adults; Team Pattern, Sparring, Special Technique, Power and Self-defense routine events, the team must only include competitors 18-34 years old. NGBs must register one male and one female team to perform all disciplines except self-defence routine.

Team events : Veteran (Silver & Gold) :

NGBs must register one male and one female team to perform all disciplines. Teams must consist of 3+1 for male and female for both the Silver and Gold classes.



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PRELIMINARY SCHEDULE :

19 th Aug 2024	09.00 – 21.00	Arrival, Registration, Weigh in
20 th Aug 2024	09.00 – 15.00	Arrival, Registration, Weigh in
	16.00 – 17.00	Coach Meeting, Umpire Briefing
	17.30 – 19.00	ATF Congress
21 st Aug 2024	09.00 – 13.00	Competition
	14.00 - 16.00	Opening Ceremony
	16.00 - 18.00	Competition & Medal Awarding
22 nd Aug 2024	09.00 – 18.00	Competition & Medal Awarding
23 rd Aug 2024	09.00 – 18.00	Competition & Medal Awarding
24 th Aug 2024	09.00 – 17.00	Competition & Medal Awarding
25 th Aug 2024	09.00 – 17.00	Competition & Medal Awarding
	17.00 - 18.00	Closing Ceremony
26 th Aug 2024	Departure	



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PRE-PAYMENT BANK DETAILS :

Every participating country has to make a non-refundable prepayment of 200 USD per each member of the delegation to the bank account of the Organizing Committee before **DEADLINE**. This partial pre-payment will be taken into consideration when receiving final payments in cash at the registration point. Please confirm via email : 10th.atc@gmail.com after payment.

Account Name : Taekwon-Do Association of Karnataka
Account Nbr : 50200070561823
Bank Name : HDFC BANK LTD
Branch Name : AMRUTHAHALLI BRANCH, BENGALURU
IFS CODE : HDFC0004839
SWIFT CODE : HDFCINBB



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AWARDING :

All participants will receive a Certificate of Participation signed by the ATF President and President of the Organizing Committee. Finalists of specified divisions and categories will receive Diplomas and Medals.

The Trophies will be awarded for the following respective categories :

- Overall Champion : Male & Female Childrens & 14-15 color belt categories.
- Overall Champion : Male & Female Junior, Youth U-18, Adult and Veteran (1 for Silver Class & 1 for Gold Class).
- Overall Team Champion : Male & Female Junior, Youth U-18, Adult and Veteran (1 for Silver Class & 1 for Gold Class).
- Overall Champion of Countries – Junior, Youth U-18, Adult and Veteran.
- Most Honorable : The oldest Male & Female Veteran competitors.