



## **NATIONAL AMERICAN TAEKWON-DO FEDERATION**

*NATF-ITF.*

*238 Fort Washington Ave. Bsm. New York, NY. 10032*

*E-mail: [ramon16itf@yahoo.com](mailto:ramon16itf@yahoo.com). Tel. 1-347-454-6173*

### **Dear Grand Masters, Masters, Teachers, Instructors and Students**

The National American Taekwon-Do Federation. "NATF-ITF" invites you with great pleasure to attend the **"ITS" International Technical Seminar** and the **"IIC" International Instructor Course** which will be held at Tiger Martial Arts Training Center, Inc. 169 McLean Ave. Yonkers, NY. 10705, March 27<sup>th</sup>-28<sup>th</sup> and March 29<sup>th</sup> 2020

The Seminars will be conducted by GM Mounir Ghrawi IX Dan, Great Taekwon-Do pioneer, recognized by founder General Choi Hong Hi

Assisted by GM George Vitale IX Dan, with a PhD with his extensive knowledge of Taekwon-Do and Moral Culture and, Master Ramón Mateo VIII Dan, 3 times World Champion

This seminar have been sanctioned by the ITF-HQ's.

Hoping you will honor us with your pleasant presence to celebrate the first official **IIC and ITS** in The United States of American.

With two Grand Masters well recognized worldwide for their great knowledge of Taekwon-Do

With feelings of high consideration and esteem

Master Ramón Mateo, 8th. Degree  
President NATF-ITF. USA



**NATIONAL AMERICAN TAEKWON-DO FEDERATION**

*NATF-ITF.*

*238 Fort Washington Ave. Bsmt. New York, NY. 10032*

*E-mail: [ramon16itf@yahoo.com](mailto:ramon16itf@yahoo.com). Tel. 1-347-454-6173*

## International Technical Seminar“ITS”. Fee

Yellow Belt 8th Gup	Green Belt 5th Gup	\$30.00
Blue Belt 4th Gup	Red Belt 1st Gup	\$40.00

Black Belt 1st & 2nd Degree	(ITF Booklet holders)	\$50.00
Black Belt 1st & 2nd Degree	(ITF non-Booklet holders)	\$70.00
Black Belt 3rd Degree & above	(ITF Booklet holders)	\$90.00
Black Belt 3rd Degree & above	(ITF non-Booklet holders)	\$115.00

## International Instructor Course“IIC”. Fee

Black Belt 3rd Degree & above	(ITF Booklet Holders)	\$125.00
Black Belt 3rd Degree & above	(ITF non Booklet Holders)	\$150.00



## **NATIONAL AMERICAN TAEKWON-DO FEDERATION**

*NATF-ITF.*

*238 Fort Washington Ave. Bsmt. New York, NY. 10032*

*E-mail: [ramon16itf@yahoo.com](mailto:ramon16itf@yahoo.com). Tel. 1-347-454-6173*

In order to register for the International Instructor Course, "IIC" you must participate in the International Technical Seminar, "ITS"

If any participant in the above mentioned seminars wants to get a respective seminar participation certificate from ITF should pay \$30 Extra for each one of them.



## **NATIONAL AMERICAN TAEKWON-DO FEDERATION**

*NATF-ITF.*

*238 Fort Washington Ave. Bsmt. New York, NY. 10032*

*E-mail: [ramon16itf@yahoo.com](mailto:ramon16itf@yahoo.com). Tel. 1-347-454-6173*

### **DEADLINE**

Everyone who wants to participate at the seminar should send the application form by e-mail at [ramon16itf@yahoo.com](mailto:ramon16itf@yahoo.com) until March 20<sup>th</sup> of 2020.

### **SCHEDULE**

#### **Friday 27 March-2020**

4:30 pm to 5:00 pm. Registration

5:00 pm to 9:00 pm Seminar. With ITF Dobok.

#### **Saturday 28-March-2020**

9:00 am -12:30 pm. Seminar (with ITF Dobok)

12:30 pm -2:00 pm Break, Lunch

2:00 pm – 6:00 pm Seminar (with ITF Dobok)

6:00 pm Group photography

8:30 pm Special Gala Dinner with the Grand Masters

#### **Sunday 29 March-2020**

9:00 am. to 12:00 pm.

12:00 pm. to 1:30 pm. Break, Lunch

1:30 pm to 5:30 pm. Seminar (with ITF Dobok)

5:30 pm Degree Test.

### **Content of the Seminar:**

Moral cultural

Training Secrets of Taekwon-Do

Taekwon-Do Composition. Develop each one strictly.

Technical Application of Theory of Power.



## **NATIONAL AMERICAN TAEKWON-DO FEDERATION**

*NATF-ITF.*

*238 Fort Washington Ave. Bsm. New York, NY. 10032*

*E-mail: [ramon16itf@yahoo.com](mailto:ramon16itf@yahoo.com). Tel. 1-347-454-6173*

## **For Travelling to Venue.**

Tiger Martial Arts Training Center, Inc.  
169 McLean Ave. Yonkers, New York. 10705  
Tel. 1-347-454-6173  
E-mail: [ramon16itf@yahoo.com](mailto:ramon16itf@yahoo.com)

**Airport: JFK, John F. Kenny NY**

*35 minutes by car, by train 1 hour and 40 minutes*

**Airport: LGA, La Guardia NY.**

*20 minutes by car, by train 2 hour 25 minutes*

**Airport: EWR, Newark Liberty International Airport, New Jersey**

*41 minutes by car, by train 2 hours*

The participants are kindly asked to arrange the accommodation for themselves.

**New York has good hotels in**

**(Manhattan)- (Yonkers, NY)-(New Jersey) which you can find very easy to your liking on Google.com.**