

DECEMBER



EUROPEAN
KING 7
TAEKWON DO

2019

OF

YMCA STADIUM THESSALONIKI (XANΘ)

WELCOME

Dear Presidents Grand Masters, Masters and Coaches of Taekwon-Do ITF,

After six years of continuous efforts to improve, grow and optimize our Greek Open Taekwon-do ITF tournament, we are honored to welcome you to the **7th Greek Open “European King of Taekwon-Do” Championship**, which will be held in Thessaloniki, Greece, on **December 14th-15th, 2019**.

Our tournament is traditionally included in the annual calendar of **International Taekwon-Do Federation (ITF)** and **European International Taekwon-Do Federation (EITF)**.

European King of Taekwon-Do provides to athletes from any part of the globe the opportunity to participate in a very high level tournament and gain fighting experience.

Greek Taekwon-Do ITF Federation (A.O.T.E.) in harmony with the organizing committee, every year is present, to ensure the strict application of official sport regulations and mostly to warmly welcome all athletes and coaches to the historic City of Thessaloniki.

We are looking forward to welcoming you in Thessaloniki,



Anastasios Valasiadis

President of Athletic Taekwon-Do Federation of Hellas

Invitation

As head coach of the Athletic Club “**A.C. Neapolis Makedoniki Dynamis**”, I had a vision to create a tournament in my home town Thessaloniki, Open to all athletes, organized with very high athletic Taekwon-Do ITF tournament standards including in program some elements of fun and entertainment.

European King of Taekwon-Do was organized for the first time in 2013 with the participation of 400 Greek athletes and every year the tournament got bigger in numbers of athletes, countries and visitors!

Every year, all our efforts are focused on preparations so that the athletes from all over the world can experience a high class fighting tournament as part of their preparation to season's World and European Championships, while they enjoy a pleasant staying in our city and combining some hours of touristic interest.



This year we organize the 7th version of our Tournament and we are honored to invite you to compete with some of the world's best Taekwon-Do fighters for the title of the **2019 European King of Taekwon-do.**



Nikos Leousis

Head Coach A.C. Neapolis Makedoniki Dynamis

Official Announcement

7th Greek Open Championship

“European King of Taekwon-Do”

1. ABOUT THE CHAMPIONSHIP

The 7th edition of Greek Open Championship “European King of Taekwon-Do” will be held in the city of Thessaloniki.

Please read thoroughly the official announcement before you fill your online registration.

DATE AND VENUE

The tournament will take place on **14th and 15th of December 2019** at the **YMCA Sports Hall “Mimis Tsikinas”** (1 N. Germanou str., P.O. 546 21, Thessaloniki)



Google maps link: <https://goo.gl/maps/2sJkrfmZCugU4TkU7>



PROGRAM

Deadline for Online Registrations	Sunday 08 .12.2019
Final Program Announcement*	Tuesday 10.12.2019
Drawing Online Publication	Thursday 12.12.2019
Weighing Capsis Hotel	Friday 13.12.2019 15:00 – 20:00
Umpire meetings	Saturday 14.12.2019 & Sunday 15.12.2019 08:00-08:30 YMCA
Coaches meetings	Saturday 14.12.2019 & Sunday 15.12.2019 08:30-09:00 YMCA

REGISTRATION FOR THE CHAMPIONSHIP



Athletic clubs and individual athletes will register their applications **online until Sunday 08th of December 2019**. Please use your browser to fill in the online application form found in the URL: www.tkd-itf.gr

Note: After your online registration if you want to apply changes you can contact organization committee via e-mail using the address: support@athleticdb.info. Changes will be accepted before registrations deadline without penalty. If there are changes after registrations deadline there will be a penalty of 20€ per athlete.

Handwritten application forms will not be accepted

ENTRY FEES

The entry fee for each athlete is

- 30€ for personal sparring **or** pattern competition
- 35€ for personal sparring **and** patterns competition.

The entry fee for **Team** competition is 30€.

PAYMENT

Payment for participation will be made during weighing in Capsis Hotel on Friday 13.12.2019 with cash money (€) or electronically via POS.

DRAW

The draw will be released on **Thursday, December 12th, 2019**. The athletic clubs and individual athletes will be notified via e-mail on their account and the draw will be published online on at www.greekopen.gr and www.tkd-itf.gr.

** If after weight control is finished there are changes that affect a significant category, there will be additional drawing and the participants will be notified.*

AGE CATEGORIES

- **Child Male 2009-2010-2011 – Child Female 2009-2010-2011:** must be from green belt up to black belt holders.
- **Child Male 2005-2006 / 2007-2008 – Child Female 2005-2006 / 2007-2008:** must be from green belt up to black belt holders.
- **Junior Male 14-15 – Junior Female 14-15:** Competitors must not reach 16 years of age and must not be younger than 14 years of age on December 14th, 2019. Also, must be from blue belt to 3rd degree ITF black belt certificate holders.
- **Junior Male 16-17 – Junior Female 16-17:** Competitors must not reach 18 years of age and must not be younger than 16 years of age on December 14th, 2019. Also, must be from blue belt to 3rd degree ITF black belt certificate holders.
- **Adult Male – Adult Female:** Competitors must not reach 39 years of age and must not be younger than 18 years of age on 14th December 2019. Also, must be from red belt up to 4th degree ITF black belt holders.
- **Veterans:** Competitors must be 40 – 49 years old (Silver Class) and 50 – 59 years old (Gold Class), on December 14th, 2019. Also must be holders of 1st Dan and above.

SPARRING CATEGORIES

Child Male 2009-2010-2011: <i>*Coaches will register the weight of athletes</i>	Child Female 2009-2010-2011: <i>*Coaches will register the weight of athletes</i>
Child Male 2005-2006 / 2007-2008: -35kg, -40kg, -45kg, -50kg, -55kg, -60kg, +60kg	Child Female 2005-2006 / 2007-2008: -30kg, -35kg, -40kg, -45kg, -50kg, -55kg, +55kg
Junior Male (14 – 15 years old): -45kg, -50kg, -55kg, -60kg, -65kg, -70kg, +70kg	Junior Female (14-15 years old): -40kg, -45kg, -50kg, -55kg, -60kg, -65kg, +65kg
Junior Male (16 – 17 years old): -45kg, -51kg, -57kg, -63kg, -69kg, -75kg, +75kg	Junior Female (16 – 17 years old): -40kg, -46kg, -52kg, -58kg, -64kg, -70kg, +70kg
Adult Male (18 – 39 years old): -52kg, -58kg, -64kg, -71kg, -78kg, -85kg, -92kg, +92kg	Adult Female (18 – 39 years old): -47kg, -52kg, -57kg, -62kg, -67kg, -72kg, -77kg, +77kg
Veteran Silver Male (40-49 years old): -64kg, -73kg, -80kg, -90kg, +90kg	Veteran Silver Female (40-49 years old): -54kg, -61kg, -68kg, -75kg, +75kg

Note 1: In case there are less than four (4) competitors in one category (of Children male and female 2005-2006-2007-2008, Junior Male and Female, Adult Male - Adult Female and Veterans), then those competitors will be transferred to another weight category and the competitors will be notified.

Note 2: Competitors in the categories of Children male and female 2009-2010-2011 will compete in pulls consisted of four athletes (two fights per athlete).

TEAM SPARRING

Every country can participate in Team Men, Team Women, Team Junior Male (14y-17y) and Team Junior Female (14y-17y) category.

PATTERN CATEGORIES

Child Male 2005-2006 – Child Female 2005-2006:

- 6-4 Gup
- 3-1 Gup
- I Dan (optional - designated till Choong-Moo)

Junior Male – Junior Female:

- Color Belts (4-1 Gup)
- I Dan (optional Kwang Gae to GeBaek designated till Gebaek)
- II Dan (optional Eui Am to Juche designated till Juche)
- III Dan (optional Sam Il to Choi Yong designated till Choi Yong)

Adult Male – Adult Female:

- Color Belts (4-1 Gup)
- I Dan (optional Kwang Gae to Ge Baek designated till Gebaek)
- II Dan (optional Eui Am to Juche designated till Juche)
- III Dan (optional Sam Il to Choi Yong designated till Choi Yong)
- IV Dan (optional Yon Gae to Moon Moo designated till Moon Moo)

Veterans:

- Color Belts (4-1 Gup)
- I Dan (optional Kwang Gae to Ge Baek designated till Gebaek)
- II Dan (optional Eui Am to Juche designated till Juche)
- III Dan (optional Sam Il to Choi Yong designated till Choi Yong)
- IV Dan (optional Yon Gae to Moon Moo designated till Moon Moo)
- V Dan (optional So San to Se Jong designated till Se Jong)
- VI Dan (optional Tong Il designated till Tong Il)

Note 1: All categories will compete in 1 pattern (optional) in the qualification games and in 2 patterns (optional & designated) in the final games.

Note 2: In case there are less than four (4) competitors in one category, then those competitors will be transferred to another category according to their belt.

Note 3: In the Adult Black Belt categories all winners of each category will compete together and the winner will be the “King of Taekwon-Do” in patterns.

DURATION

- **Child Male – Child Female 2009-2010-2011:** Two (2) rounds of 1:00 minutes with 20 seconds break.
- **Child Male – Child Female 2005-2006, 2007-2008:** Two (2) rounds of 1:30 minutes with 30 seconds break.
- **Junior Male – Junior Female (14-15 & 16-17 years old):** Two (2) rounds of 2:00 minutes with 30 seconds break.
- **Adult Male and Adult Female:** Two (2) rounds of 2:00 minutes with 30 seconds break.
- **Veterans:** Two (2) rounds of 1:30 minutes with 30 seconds break.

COMPETITION RULES

- This Tournament is held in accordance with the **ITF rules, ver. 2017** (www.itftkd.org)
- **Tournament Observer:** Mr. Panagiotis Fitzios
- **Protest Jury:** (it will be designate by the Arbitration Jury)
- The participating clubs should take care of the ratio of five athletes - one coach (5:1) to strictly adhere to the timetable of the draw
- Competitors must wear **an ITF Dobok** (not limited to any manufacturer).
- All competitors must be in possession of a **blue and red set of approved type of safety equipment for sparring**. Other colors will not be allowed.
- All athletes will participate at their club's responsibility.
- Only official coaches have the right to enter the ring.
- The organization committee has no responsibility for any equipment loss or injuries before, during and after the tournament. The clubs and the athletes should care about their complete insurance.

Official protest must be filed within 5 minutes after sparring or pattern and submitted to the Jury President after paying the amount of 50€ to the organizer.

WEIGHT CONTROL

Weight control will take place on **Friday, December 13th, 2019 from 15:00 – 20:00** at Capsis Hotel.

AWARDS

Every title winner in his/her category will receive the following award:

- King of Sparring Adult Male 200€/category *and a trophy*
- King of Pattern Adult Male 100€ *and a trophy*
- King of Sparring Adult Female 100€/category *and a trophy*
- King of Pattern Adult Female 100€ *and a trophy*

* *The awards for Adult Male and Female categories are offered by **Anthrax Company** as Gift Checks.*

* *First winners of the sparring categories Junior Male – Junior Female (14-15 & 16-17 years old) and Child Male 2005-2006 and Child Female 2005-2006 will be awarded with the Collective King of TaeKwon-Do t-shirt by Anthrax company and a trophy.*

* *All participants will receive a Medal and Certificate of Participation.*

* *There will not be gift checks in the categories of Veterans and Children (2007-2008-2009-2010-2011)*

UMPIRES

The Head Umpire draws the Mandatory and the Arbitration Commission, Umpire brigades and determines the order of their work. Umpires must fulfill their duties in accordance with the schedule of the competitions. Umpires must attend all umpire meetings according to the schedule.

Note: The Organizing Committee will cover 2 nights (3 days) accommodation and provide lunch at the venue for all international umpires so **don't forget to mention in Accommodation Application Form!**

2. GENERAL INFORMATION

In this section you can read all about your accommodation, transportation and general information about the historical city of Thessaloniki

ABOUT the city of THESSALONIKI

Thessaloniki, also known as Thessalonica or Salonica, is the second-largest city in Greece and administrative region of Central Macedonia. The city was founded around 315 BC by the King Cassandros of Macedon and he named it after his wife Thessaloniki, a half-sister of Alexander the Great.

Thessaloniki is a popular tourist destination. In 2010 was ranked by Lonely Planet as the world's fifth-best party city worldwide, comparable to other cities such as Dubai and Montreal.



CITY SITES

The historical center of the city is characterized by its many historical buildings, arcades, lane ways and distinct architectural styles. It is divided into several districts, of which include Ladadika (where many entertainment venues and taverns are located), Navarino, Rotonda, Hippodrome and the White Tower (the

symbol of the city). All these are located around Thessaloniki's most central point, Aristotelous Square.



Ano Poli is the highest point in Thessaloniki, from where you can have an outstanding view of the city. It consists of Thessaloniki's most traditional part of the city, still featuring small stone paved streets, old squares and homes featuring traditional Greek architecture.



Thessaloniki has more **UNESCO World Heritage Sites** listed than any other city in Greece, a total of 15 monuments. There are notable Christian Churches, such



as Hagia Sofia, as well as many Byzantine architecture monuments, such as the Complex of Roman Emperor Galerius

ACCOMMODATION

Hotel Capsis

(4 stars)

(<http://www.capsishotels.gr/el/thessaloniki>)

Room type	Package	Price (per person/ per night)
Single room	With Breakfast	62€
	With breakfast and Half board	70€
In Double room	With Breakfast	37€
	With breakfast and Half board	42€
In Triple room	With Breakfast	32€
	With breakfast and Half board	37€

**Accommodation price includes:**

Accommodation according to the selected room type in rooms modernly decorated that feature comfortable beds with anatomic mattresses, daily maid service, refrigerator, high-speed Wi-Fi internet access, individually controlled air-conditioning, 32'' flat screen HD TV with free satellite channels, direct dial telephone, safe deposit box and kettle, bathroom that includes bathtub or shower and personal care products, slippers and hairdryer. Wake-up Call upon request.

For your Accommodation you have to fill in the **Application form** attached to this file in the final pages for all team members and send it to **Organize Committee** via e-mail in the address: ekingoftkd@gmail.com until **Monday 09 .12.2019**

Note I: Please mention in the Application Form the Team Leader and the Head Coach (and Umpires if they travel with you).

Note II: *In case that a team book accommodation separately in other Hotel, the Organize Committee cannot offer transportation services.*

TRANSPORTATION

All teams that wish for transportation services from/to SKG Macedonia Airport and from/to the stadium have to **contact Organize Committee via e-mail ekingoftkd@gmail.com until Monday 09 .12.2019**, mentioning:

1. Date and specific time of Arrival and Departure
2. Arrival and Departure Flight Numbers
3. Specific number of guests staying at the official hotel of the tournament (athletes, coaches and team's accompanying persons).

Transportation includes a meeting at the airport, transfer to hotel, transfers from hotel to stadium and back, transfer to airport after the finish.

About the Y.M.C.A. Sports Center “Mimis Tsikinas”

The Sports Hall that will host the **7th European King of Taekwon-Do**, is the new Y.M.C.A. athletic center, part of the historic Y.M.C.A. (Young Men's Christian Association of Thessaloniki) complex of buildings and courts in the center of town.

On December 7, 2013 Y.M.C.A. implemented the decision of its Board of Directors and named the new Y.M.C.A. Thessaloniki Sports Center “Mimis Tsikinas” after Dimitrios Tsikinas or Mimis Tsikinas (Thessaloniki, November 24, 1917 - July 26, 1992) who was a player, coach of basketball and one of the first Greek international basketball referees (FIBA). He was also director of YMCA Thessaloniki, a member of SEGAS (Hellenic Athletics Federation) and a sports player in Thessaloniki.

Note: spend some of your free time to visit the Y.M.C.A. **Basketball Museum** that was inaugurated in 2013 so as for the visitors to get acquainted with the history and the most important achievements of basketball in Greece. Some of the exhibits constantly updated are the historic teams of Thessaloniki, important Greek basketball players, interactive tours, rare exhibits, athlete's life size effigies, electronic platforms and interactive games.



CONTACT INFORMATION

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Follow European King of Taekwon-Do Tournament in Social Media to be updated!



www.youtube.com/europeankingoftkd



www.facebook.com/kingoftkd



www.instagram.com/kingoftaekwondo



www.twitter.com/kingofTaekwondo

Send the following Consent Form signed with the ACCOMMODATION FORM via e-mail: ekingoftkd@gmail.com

CONSENT FORM

By submitting this Consent Form, I hereby consent to the videotaping/photographing/audio recording of myself and athletes of the club whom I legally represent as the official/head Coach or Team Leader for the 7th Greek Open 2019 'European King of Taekwondo. I understand that all material obtained will be used by the organizers of the 7th Greek Open– "European King of Taekwondo" for promotional, commercial, educational and related purposes, including external distribution via satellite broadcast, cable TV, radio broadcast, webcast or on-demand streaming in digital format on the Internet. The organizers of the 7th Greek Open– "European King of Taekwondo" may also share this material with others, as appropriate at their discretion. We understand that we will receive no compensation for any use of materials associated with this consent.

I understand that videotaping/photographing/audio recordings will become the property of the organizers of the 7th Greek Open 2019 'European King of Taekwondo and I understand that use of the Recordings may include, but not necessarily be limited to, the following:

- Internal use by the 7th Greek Open 2019 'European King of Taekwondo and other authorized third parties in streaming digital format (live or on demand) on the Internet or other digital media.
- Distribution (may include videotape reproduction, satellite broadcast, cable TV, webcast, on-demand).

I have read this form and I agree to be bound by this consent form.

Signature _____

Date _____

7th Greek Open- "European King of Taekwon-Do" 2019				
ACCOMMODATION FORM				
CLUB:		COUNTRY:		
COACH NAME:		TEL. NUMBER:		
EMAIL:				
<i>(table of athletes and coaches per room)</i>				
	NAME / SURNAME <i>(persons per room)</i>	ROOM TYPE	BREAKFAST	HALF BOARD
1	1. e.g. John Smith 2. Helen Stone	Double	X	
2	1. 2. 3.			
3	1. 2. 3.			
4	1. 2. 3.			
5	1. 2. 3.			
6	1. 2. 3.			
7	1. 2. 3.			
8	1. 2. 3.			
9	1. 2. 3.			
10	1. 2.			

	3.			
11	1. 2. 3.			
12	1. 2. 3.			
13	1. 2. 3.			
14	1. 2. 3.			
15	1. 2. 3.			
16	1. 2. 3.			
17	1. 2. 3.			
18	1. 2. 3.			
19	1. 2. 3.			
20	1. 2. 3.			
21	1. 2. 3.			