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CAMPEONATO PANAMERICANO TAEKWON-DO ITF

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Promoters

Panamerican Taekwon-Do Council

President: GM Osvaldo Rios

Oliverosriosoliveroitf@gmail.com

Secretary: GM Enrique Deacon

edeacon@taekwondo.com.pe

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Organizers

Honduran Taekwon-Do Association ITF

President: GM Raúl H. Bonilla
masterbonillatkd@hotmail.com

asociacionht.itf@gmail.com

www.aht-itf.com

PH: (504) 3386-0522

(504) 3398-3599

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Organizing Committee

GM Raul H. Bonilla
Lic. Marvin Samael Valeriano
Lic. y Master Pablo D. Hernandez

We are inviting the member countries of Panam Taekwon-Do Council, to participate in this great continental event, to be held in the city of Tegucigalpa M.D.C., Honduras, from the 25th to 28th of May, 2023.

After 33 years of having held the II Pan American Taekwon-Do ITF Championships having beautiful memories next to our father General Choi Hong Hi. For our country, Honduras, we are pleased to once again to invite the Pan-American brothers to such a beautiful festival of Taekwon-Do ITF.

GRAND MASTER RAÚL H. BONILLA
Cinto Negro 9° DAN, HD-9-1
PRESIDENTE



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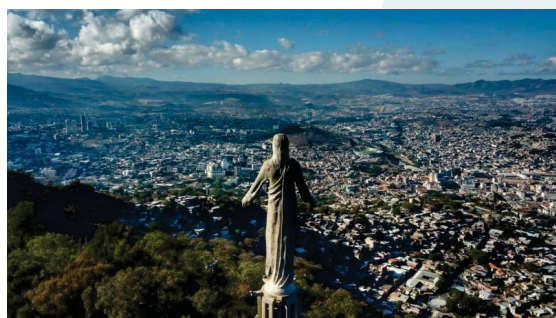
CAMPEONATO PANAMERICANO TAEKWON-DO ITF



For us it is a pleasure to be able to have you present at this great event, enjoying our martial art, in a common Pan-American brotherhood.

In these difficult times that we are going through in the entire world, we as Taekwon-Doists, have acted in a positive way by holding virtual events and now we can return to face-to-face events.

We are waiting for you to share our beautiful country and we will be hosting as only we know how to do it as "CATRACHO"



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Regulation

Official Competition Regulations of the International Taekwon-Do Federation

The punch to the face will **NOT be allowed in the novice categories.**

Spinning kick techniques will **NOT be allowed in the novice categories.**

The punch to the face will **NOT be allowed in children's categories.**

The first four places in each category will be awarded.

Registration of Participants is US\$ Dollar 100.00

Entitled

T-shirt alluding to the Pan American

Certificate of Participation.

Entrance to the Sports Center

Accreditation Badge



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Package A

Cost of the Package U\$ Dollard 500.00

Double Room Class A Hotel

5 days 4 nights

Buffet Breakfast, Lunch and Dinner

Transportation Palmerola International Airport – Hotel

Transportation Hotel- Palmerola International Airport

Transportation Hotel-Coliseum, Coliseum- Hotel

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Package B

Cost of the Package U\$ Dollard 400.00

Double Room Class B Hotel

5 days 4 nights

Buffet Breakfast, Lunch and Dinner

Transportation Palmerola International Airport – Hotel

Transportation Hotel- Palmerola International Airport

Transportation Hotel-Coliseum, Coliseum- Hotel

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**Person who does not take any package will have
a surcharge of U\$ Dollar 150.00, with no benefit**

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CAMPEONATO PANAMERICANO TAEKWON-DO ITF

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Division of categories

BEGINNERS

10th Gup, 9th. Gup

NOVICES

8th. Gup, 7th. Gup

MIDDLE

6th. Gup, 5th. Gup

ADVANCED

4th. Gup, 3rd. Gup

HIGHER

2nd. Gup, 1st. Gup

BLACK BELT

1st Dan, 2nd. Dan, 3rd. Dan, 4th. Dan, 5th. Dan, 6th Dan.



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CAMPEONATO
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SPARRING

Infantile

4, 5, 6, 7, 8, 9, 10, 11, 12, 13 year

Male

Female

BEGINNERS

NOVICES

MIDDLE

ADVANCED

HIGHER

BLACK BELT

10, 11, 12, 13 year



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CAMPEONATO PANAMERICANO TAEKWON-DO ITF

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SPARRING

Junior

14-15 años 16-17 Year

- Male 4-15 year: -45 kg, -50 kg, -55 kg, -60 kg, -65 kg, -70 kg, +70 kg
- Male 16-17 year: -45 kg, -51 kg, -57 kg, -63 kg, -69 kg, -75 kg, +75 kg
- Female 14-15 year: -40 kg, -45 kg, -50 kg, -55 kg, -60 kg, -65 kg, +65 kg
- Female 16-17 year: -40 kg, -46 kg, -52 kg, -58 kg, -64 kg, -70 kg, +70 kg

BEGINNERS

NOVICES

MIDDLE

ADVANCED

HIGHER

BLACK BELT



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TAEKWON-DO ITF

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SPARRING

ADULT

18 - 39 YEAR

Male

-52 kg, -58 kg, -64 kg, -71 kg, -78 kg, -85 kg, -92 kg, +92 kg

Female

-47 kg, -52 kg, -57 kg, -62 kg, -67 kg, -72 kg, -77 kg, +77 kg

BEGINNERS

NOVICES

MIDDLE

ADVANCED

HIGHER

BLACK BELT





CAMPEONATO
PANAMERICANO
TAEKWON-DO ITF

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**SPARRING
 VETERANS**

Male

(Silver Class): -64 kg, -73 kg, -80 kg, -90 kg, +90 kg

(Gold Class): -66 kg, -80 kg, +80 kg

Female

(Silver Class): -54 kg, -61 kg, -68 kg, -75 kg, +75 kg

(Gold Class): -60 kg, -75 kg, +75 kg

BEGINNERS

NOVICES

MIDDLE

ADVANCED

HIGHER

BLACK BELT



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CAMPEONATO PANAMERICANO TAEKWON-DO ITF

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TUL

Infantile

4, 5, 6, 7, 8, 9, 10, 11, 12, 13 year

Male

Female

BEGINNERS

10th Gup, 9th. Gup
Optional and Designated

NOVICES

8th. Gup, 7th. Gup
Optional and Designated

MIDDLE

6th. Gup, 5th. Gup
Optional and Designated

ADVANCED

4th. Gup, 3rd. Gup
Optional and Designated

HIGHER

2nd. Gup, 1st. Gup
Optional and Designated

BLACK BELT

1st Dan, 2nd. Dan, 3rd. Dan,
Optional and Designated



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CAMPEONATO PANAMERICANO TAEKWON-DO ITF

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TUL

Junior

14-15 años 16-17 YEAR

Male 4-15 year:

Female 14-15 year:

Male 16-17 year:

Female 16-17 year:

BEGINNERS

10th Gup, 9th. Gup
Optional and Designated

NOVICES

8th. Gup, 7th. Gup
Optional and Designated

MIDDLE

6th. Gup, 5th. Gup
Optional and Designated

ADVANCED

4th. Gup, 3rd. Gup
Optional and Designated

HIGHER

2nd. Gup, 1st. Gup
Optional and Designated

BLACK BELT

1st Dan, 2nd. Dan, 3rd. Dan,
Optional and Designated





CAMPEONATO
PANAMERICANO
TAEKWON-DO ITF

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ADULT

Male **Female**

BEGINNERS

10th Gup, 9th. Gup
 Optional and Designated

NOVICES

8th. Gup, 7th. Gup
 Optional and Designated

MIDDLE

6th. Gup, 5th. Gup
 Optional and Designated

ADVANCED

4th. Gup, 3rd. Gup
 Optional and Designated

HIGHER

2nd. Gup, 1st. Gup
 Optional and Designated

BLACK BELT

1st Dan, 2nd. Dan, 3rd. Dan, 4th. Dan, 5th. Dan, 6th Dan.
 Optional and Designated





CAMPEONATO
PANAMERICANO
TAEKWON-DO ITF

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TUL
VETERANS

Male **Female**

BEGINNERS

10th Gup, 9th. Gup
 Optional and Designated

NOVICES

8th. Gup, 7th. Gup
 Optional and Designated

MIDDLE

6th. Gup, 5th. Gup
 Optional and Designated

ADVANCED

4th. Gup, 3rd. Gup
 Optional and Designated

HIGHER

2nd. Gup, 1st. Gup
 Optional and Designated

BLACK BELT

1st Dan, 2nd. Dan, 3rd. Dan, 4th. Dan, 5th. Dan, 6th Dan.
 Optional and Designated

