

INTERNATIONAL TAEKWON-DO ITF COMPETITION IN THE CZECH REPUBLIC

# CZECH OPEN 2019



WWW.TAEKWONDO.CZ

1. - 3.3.

**4 disciplines**  
PATTERNS, SPARRING,  
SPECIAL TECHNIQUES,  
POWER



**see you in nymburk**

IN THE CZECH REPUBLIC!





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# CZECH OPEN 2019



„EITF A-Class tournament“  
p r o p o s i t i o n



Date	1 <sup>st</sup> - 3 <sup>rd</sup> March 2019		
Place	The Sport Centre Nymburk, Sportovní 1801/2, Nymburk <a href="http://www.scnb.cz/sportovni-centrum-nymburk/en">http://www.scnb.cz/sportovni-centrum-nymburk/en</a>		
Organizer	Czech Taekwon-Do Federation ITF		
Umpire chairman	Bc. Jiří Teslík	tel. +420 608 367 368,	<a href="mailto:jiri.teslik@gmail.com">jiri.teslik@gmail.com</a>
Tournament director	Ing. Kamil Šamal	tel. +420 774 745 306,	<a href="mailto:kamil.samal@gmail.com">kamil.samal@gmail.com</a>
Accommodation	Soňa Weigertová	tel. +420 774 804 901,	<a href="mailto:sona.weigertova@seznam.cz">sona.weigertova@seznam.cz</a>
Applications	Applications are on-line through <a href="http://www.tkd-itf.gr">www.tkd-itf.gr</a> deadline is <b>on Monday 25<sup>th</sup> February 2019 at 22:00.</b> (After deadline we cannot guarantee start at the competition.).		
	Referees register <a href="#">on-line</a> till <b>Monday 18<sup>th</sup> February 2019 at 22:00.</b>		
Accommodation and food	Subjects fill the accommodation form according to paragraph X of this propositions. The order of <b>accommodation and food</b> will be mailed to <a href="mailto:sona.weigertova@seznam.cz">sona.weigertova@seznam.cz</a> till <b>Monday 18<sup>th</sup> February 2019 at 22:00.</b>		
Starting fee	<b>25 Euro</b> for 1 competitor / <b>40 Euro</b> for 1 competitor after deadline.		
Registration, Weighing	<b>On Friday 1<sup>st</sup> March 2019 from 3 p.m. to 7 p.m.</b> at the place of sports centre. In case of late come, the competitors are not guaranteed to be registered for the competition. The coach must attend registration and the weighing. <b>Every subject can nominate up to 2 competitors for each discipline in appropriate group and category.</b> <b>On Saturday 2<sup>nd</sup> March 2019 from 17:00 to 18:00</b> there will be an <b>extra junior weighing</b> for the Sunday's competition. There will be no possibility to change the category!		

## PRELIMINARY COMPETITION'S SCHEDULE

**Friday, March 1**

15:00 – 19:00 registration, weigh-in, accommodation  
 20:30 – 21:00 coach meeting

**Saturday, March 2**

07:30 – 08:00 Entering hall  
 08:00 – 08:25 umpire meeting  
 08:30 **start of 1st day of competition (younger and older youth & adult male and female)**  
 cca 15:00 **awarding the best competitor - younger youth male and female, adult male**  
 17:00 – 18:00 additional weighing for juniors  
 cca 21:00 **awarding the best competitor – older youth male and female, adult female**

**Sunday, March 3**

07:30 – 08:00 Entering hall  
 08:00 – 08:30 umpire meeting  
 08:30 **start of 2nd day of competition (younger and older junior male and female)**  
 15:00 **awarding the best competitor – older and younger junior male and female**  
**awarding the best clubs**

**PROPOSITIONS**

**I. Divisions** individuals

**II. Groups**

	≥ 2009	2008	2007	2006	2005	2004	2003	2002	2001	≤ 2000
<b>y.y.</b>	8.k-I.dan									
<b>o.y.</b>		8.kup – I. dan								
<b>y.j.</b>					8.kup - II. dan					
<b>o.j.</b>							8. kup – III.dan			
<b>sen.</b>										8.kup - VI.dan

The technical degree of the competitor must be according to the highest technical degree.

**Juniors born in 2001**, who reach the age of 18 on the date of competition (1. 3. 2019), **may choose** in an online registration, if they want to start in a junior or adult category.

## III. Disciplines and Categories

	TUL	MATSOGI	TUKGI (6.k+)	WIRYOK (6.k+)	HOSINSOOL
y./o. youth fe/male	YES	YES	YES	NO	NO
y./o. junior fe/male	YES	YES	YES	NO	NO
adult fe/male	YES	YES	YES	YES	NO
Veteran fe/male	NO	NO	NO	NO	NO

## Discipline TUL (Patterns)

	8 + 7	6 + 5	4 + 3	2 + 1	I.	II.	III.	IV.	V.	VI.
ml.ž.	x	x	x	2.kup+						
st.ž.	x	x	x	x	x					
ml.j.	x	x	x	x	x	x				
st.j.	x	x	x	x	x	x	x			
adu.	x	x	x	x	x	x	x	x	x	x

elimination: 1 designated pattern (**from Chon-Ji to next examination included**) for all kups,  
1 optional (alone) and 1 designated pattern (together) for all technical degree DAN

final: 1 optional (**kup: current/ next exam.; dan: next exam.**) and 1 designated pattern

**According to ITF rules designated pattern will be chosen from Chon-ji to next examination and optional pattern must be chosen only from next examination. Another pattern will be awarded by zero. All kups must choose optional pattern from current/next examination and designated pattern will be chosen from Chon-ji to next examination! All technical degree DAN perform optional pattern one by one, designated together, (kup performs both patterns together).**

Example:	Optional	Designated (los)
1. DAN	Kwang-Gae - Ge-Baek	Chon-Ji - Ge-Baek
1. kup	Hwa-Rang / Chong-Moo	Chon-Ji - Chong-Moo

## Discipline MATSOGI (sparring)

Discipline is for competitors with 2. kup and higher.

Competitors with 4. and 3. kup can compete, however, they must be aware that rules are for the 2. kup and higher („compulsory spin kicks“ will be applied, it means the jumping spinning kicks with at least spin of 180° and more for each round. The rule will not be applied for younger and older youth).

## Safety Equipment

**Each competitor must have head and shin protector. Each competitor (except youth) must have a 10 oz gloves of blue or red color** (according to the ring side).

### Weight categories

younger youth male, female	<b>-25, -30, -35, -40, +40 kg</b>
older youth male	<b>-35, -40, -45, -50, -55, -60, +60 kg</b>
older youth female	<b>-30, -35, -40, -45, -50, -55, +55 kg</b>
younger junior female	<b>-40, -45, -50, -55, -60, -65, +65 kg</b>
younger junior male	<b>-45, -50, -55, -60, -65, -70, +70 kg</b>
older junior female	<b>-40, -46, -52, -58, -64, -70, +70 kg</b>
older junior male	<b>-45, -51, -57, -63, -69, -75, +75 kg</b>
adult female	<b>-47, -52, -57, -62, -67, -72, -77, +77 kg</b>
adult male	<b>-52, -58, -64, -71, -78, -85, -92, +92 kg</b>

### Match length

Elimination and final:	younger and older youth	<b>2 x 1 minutes</b>
	younger and older juniors and adults	<b>2 x 2 minutes</b>
	<b>pause within round:</b>	<b>30 seconds</b>

***The rule of "actual sparring time" will be applied according to ITF rules***

### Discipline TUKGI (special techniques)

Discipline is for competitors with 6. kup and higher.

Competitors with 6. - 4. kup can compete only with techniques nopi, dollyo a nomo.

**A nomination technique will be used according to competitor's choice and will be announced by coach at the registration.**

**For younger youth male and female** will be used target instead of a board. For a techniques dollyo and nopi will be a foam stuck to the board for a greater safety of the competitors. Scoring for younger youth is 3 points even if they only touch with a correct striking area or 0 points.

Heights are measured at centre of board.

TUKGI	Nopi	Dollyo	Dolmyo	Bandae	Nomo
younger youth male	175	170	-	-	110/50
younger youth female	165	160	-	-	100/50
older youth male	210	200	-	-	120/70
older youth female	200	190	-	-	110/70
younger junior male	230	220	210	210	160/70
younger junior female	210	200	180	180	130/70
older junior male	270	240	230	230	250/70
older junior female	220	210	200	200	150/70

adult male	280	250	240	240	270/70
adult female	230	220	210	210	170/70

### Discipline WIRYOK (power breaking)

Discipline is for competitors with 6. kup and higher. Competitors with 6. - 4. kup can compete only with techniques ap joomuk, sonkal, yop chagi a dollyo chagi.

Each subject can nominate at most 2 competitors for each category.

**A nomination technique will be used according to competitor's choice and will be announced by coach at the registration.**

WIRYOK	Ap joomuk	Sonkal	Balkal	Bal ap kumchi	Bal duit chuk
adult male	2	2	4	3	3
adult female	-	1,5	3	2	-

### IV. Rules

The competition will be conducted according to the ITF rules, and modifications in this propositions.

### V. Protest

Protest against umpire's decision can submit only coach and must be done with a valid procedure (announce immediately after the match and delivered to the appropriate ring on the form no later than 5 minutes after receiving the form), with a deposit of **50 Euro** to the chairman of the jury. Subsequently, the protest will be discussed and resolved by the Umpire Committee.

### VI. Referees

**The registration** of the referees for the competition is carried out with the knowledge of the head coach separately, independently on the individual application form and only through the link "referee registration" below or also in the calendar of the Czech NGB. The complete number of referees for this competition is 60 at max. Refereeing committee consists of Jiří Teslík, Jana Lazorová, Ondřej Vrábel.

#### [REFEREE REGISTRATION HERE](#)

**The Jury** for A-Class tournaments is subjected to EITF. The maximum number of referees counts 60. The competition can be covered by national (up to 50%) and international referees from Czech Republic and from abroad. The list of registered and confirmed invited referees will be continuously reviewed on the link below or also in the calendar of the Czech NGB.

#### [LIST OF REGISTERED REFEREES](#) (check)

**Meal** will be provided to **all** registered referees through a whole day when they will arbitrate. Those referees who one day compete may ask for a free dinner the day before their arbitration (Fri/Sat).

**Accommodation** will be secured and paid to those invited referees who ask for it in an online application. Referees will be preferably accommodate in SC Nymburk. We can't guarantee accommodation in SC

Nymburk. **Referees may secure an accommodation together with their club or alone.** All the accommodation costs appropriate to SC Nymburk will be paid to each subject during registration.

Invited referees who arbitrate for one day and one day compete will have covered accommodation and meal costs for a one day (plus extra dinner). If they are interested they may be accommodated together with their club (receive one-night contribution) or can stay in the hotel chosen by the organizer for both days (will pay one night).

**Referees obligations.** Referees have to be dressed by official ITF rules and have to be available in sport hall according to the commands of the head referee and be able to arbitrate. Competitors may arbitrate as well in days when there is no listed their age category. Failure to comply with the above may result in a reduction or not paying the arbitration reward.

## **VII. Trophies**

Competitors placing 1st, 2nd and 3rd place will be awarded medals. The most successful competitors from each category will be awarded a trophy, as well as the most successful club of Czech OPEN 2019.

## **VIII. Remaining**

### **Registration and payments**

Accommodation and meal **for registered and confirmed referees** is automatically ordered and paid by federation (if the referee does not reject it in registration, one day referees follow VI. of this propositions)

Registration consists of:

- a) Check of application
- b) Pay of starting fee
- c) Pay of accommodation and meal
- d) refunds / referees payment, whose are concerned (follow VI. of this propositions)
- e) weighing all competitors of **all** weight categories for matsogi (independent on other actions)

The payment is possible in cash or by credit card.

### **Change in starting list**

Every change in starting list (e.g. incorrect categorization of competitor etc.) after a coach meeting is charged with 40 Euro.

## **Doping**

The head coach guarantee that each competitor of his is familiar with the content of Guidelines for the fight against doping within the system of all competitions of the Federation.

## **IX. Accommodation**

Accommodation and meal is order for you by competition department of our federation. Fill in the form for accommodation and meal and you will be given one of booked hotels in Nymburk. The meal is provided in SC Nymburk. The accommodation price varies **is 25 Euro**. The price of one meal is (lunch, dinner) **6 Euro** per person. All will be paid at the registration. In case of not occupy the announced number of accommodation and meal, you will be charged 100% storno fee. **In case that subject will no send filled form, they will not be provided with accommodation and food.**

Contact person for accommodation and food:

Soňa Weigertová, tel.: +420 774 804 901, e-mail: [sona.weigertova@seznam.cz](mailto:sona.weigertova@seznam.cz)

**We are looking forward to you!**

**Czech Open is included into the rank of EITF A class tournaments and the part of the Czech Taekwon-Do ITF national team's schedule!**

**LIABILITY WAIVER:**

I, the undersigned hereby confirm the following:

- I have adequate Medical insurance to cover the participation of my team during this event.
- I, the undersigned, do hereby declare that my team are in good physical and mental condition and we have not suffered from any injury, infection or disability liable to affect our capacity to compete in the current ITF event.
- I declare that the team are physically fit, have sufficiently prepared, and trained for participation in this event and have not been advised to not participate by a qualified medical professional. I declare that there are no health-related reasons or problems which preclude our participation in this activity.
- I release the event promoter, ITF, ITF Leadership, ITF standing committees and ITF NGB's members its servants/agents and umpires/referees from any claims and any loss, damage sustained while participating in the above mention event.
- I understand, and I am fully aware that my team are participating in a contact sport and may, in the normal course of events, sustain an injury while competing.

I also agree that our attendance and or performance may be photographed, filmed or taped and used by ITF, event promoter and/or their respective authorized agents. I waive any compensation thereof.

I hereby undertake and agree to abide all ITF Rules and Regulations including WADA Anti-Doping rules and agrees to be tested if requested to do so.

I will treat all the competitors, officials and referees with, Respect, Integrity, Fair Play and Honour.

I declare to have read and understood the content of this document and I sign it of my own free will.

Place: \_\_\_\_\_ Date: \_\_\_\_\_ Signature: \_\_\_\_\_