

2023 ITF TAEKWON-DO **ONLINE**

World Championships

In Patterns & Self-defence routine



- Individual patterns
- Team patterns
- Self-defence routine



2023



2023 ITF TAEKWON-DO ONLINE WORLD CHAMPIONSHIPS IN PATTERN AND SELF-DEFENSE

1. ORGANIZER & PROMOTER

1.1 MAIN CONTACT

Main contact e-mail address for this Online ITF Taekwon-Do World Championships
info@taekwondo-itf.com

Please, USE THIS EMAIL ADDRESS ONLY to contact the Organizers. Messages sent to this email are directly delivered to the Tournament Organizing Committee (T.O.C.).

1.2 CO-PROMOTERS:

- **International Taekwon-Do Federation**
ITF HQ Draugasse 3, 1210 Vienna, Austria
www.itf-tkd.org
www.taekwondo-itf.com

1.3 ORGANIZING COMMITTEE

- Mr. Alexander Hauptfleisch
- Mr. Dmitrij Karchevskij

1.4 UMPIRE COMMITTEE

- GM Leong Wai Meng
- GM Michael E. Prewett
- Master Vergilij Sitnitsky
- Master Hugo Anders Huerta

1.5 TOURNAMENT COMMITTEE

- GM Kim Ung Chol
- Master Frank Diaz
- Mr. Anton Archipov

2. BASIC INFORMATION

2.1 KEY DATES:

REGISTRATION: January 20th , 2023 - MARCH 20th, 2023
BROADCAST: APRIL 1^h – 2th, 2023

2.2 VENUE:

ITF OFFICIAL PLATFORM

www.taekwondo-itf.com

Sports hall:

ITF CYBER ARENA

2.3 CHAMPIONSHIP OFFICIAL WEBSITE:

<https://data.taekwondo-itf.com/event/31729/2696>

3. PARTICIPATION IN THE CHAMPIONSHIP

3.1 APPLICATION FOR THE Championship

Applications and the VIDEOS must be submitted ONLY via the ITF Official Online Platform at

<https://data.taekwondo-itf.com/event/31729/2696>

3.1.1 Deadline for teams to send the full application: **March 20th, 2023**

3.2 PAYMENTS & PENALTIES

3.2.1 Payment

All entry fees can be paid either by Credit Card after registration via the ITF Online platform or by Wire transfer to:

OITF Deutschland e.V.

VR Bank Westküste eG

IBAN: DE13217625500004922476

BIC: GENODEF1HUM

Deadline for the fee payment: **March 20th, 2023**

Reason for payment: Online World Cup Participation Fee

3.2.2 Fees

- **Individual entry fee: 50 €** per competitor
- Individual entry fee must also be paid by those competitors, who are competing as team members in patterns or in self-defense only
- **Team entry fee: 50 €** per team per discipline: patterns and self-defense

4. CHAMPIONSHIP RULES AND REGULATIONS

4.1 COMPETITION RULES

This Championships are held in accordance with the:

- ITF Tournament Rules
- General Information Pack (this document)

The matters not covered by the ITF Tournament Rule are addressed by this General Information Pack. In case of any conflict, this document should apply.

4.1.1 Deciding the winner

4.1.1.1 The electronic scoring system will decide the winner in accordance with the deductions made by five umpires during the online presentation.

4.1.1.2 When an online match is decided to be tied, the umpire who gave a draw will have to change a decision in favor of one of the competitors.

4.1.1.3 The video protest will be resolved by the Tournament Umpire Committee. In case the Zero is confirmed by the Tournament Umpire Committee, all Umpires scores for the match will be Zero.

4.2 DISCIPLINES

4.2.1 Individual Patterns

4.2.1.1 The competitors shall perform a Pattern of their choice (optional), corresponding to their current Grade/Degree and the designated pattern indicated below:

4.2.1.1.1 Black Belts

ITF Rank	Optional pattern	Designated pattern
1st Degree	Kwan-Gae - Gae-Baek	Hwa-Rang
2nd Degree	Eui-Am - Juche	Ge-Baek
3rd Degree	Sam-Il - Choi-Yong	Eui-Am
4th Degree	Yon-Gae - Moon-Moo	You-Sin
5th Degree	Se-Jong - So-San	Yon-Gae
6th Degree	Tong-Il	Se-Jong

4.2.1.1.2 Colour Belts

ITF Rank	Optional pattern	Designated pattern
9 Grade	Chon-Ji	
8 Grade	Dan-Gun	
7 Grade	Do-San	
6 Grade	Won-Hyo	Do-San
5 Grade	Yul-Gok	
4 Grade	Jon-Gun	Won-Hyo
3 Grade	Toi-Gae	
2 Grade	Hwa-Rang	Youl-Gok
1 Grade	Chung-Moo	
I Dan	Kwan-Gae - Gae-Bek	Hwa-Rang

IMPORTANT NOTES:

- Participants in categories 9 Grade and 8-7 Grade perform only one pattern (optional).
- Participants in the categories from the 6th Grade perform two patterns (optional & designated).

4.2.2 Team Patterns

4.2.2.1 Scoring will not commence until the command “Shi Jak” is given. Maximum of ten (10) seconds will be allowed for the team to arrive at their starting positions.

4.2.2.2 Team in Patterns shall consist of 3 competitors.

4.2.2.3 Team in Patterns shall consist of 3 competitors. Teams may be composed of competitors of both genders both among colour belts and black belts.

With respect to the Mixed Teams, the following regulations will apply:

Case A: 2 Females and 1 Male: The Team competes in Female.

Case B: 2 Males and 1 Female: The Team competes in Male.

4.2.2.4 Colour Belt Teams will be able only to perform the Pattern corresponding to the lowest Degree of the Competitor participating on the Team, designated by the Organizer, as follows:

9-5 Grade: Chon-Ji

4 - 1 Grade: Joong-Gun

4.2.2.5 Black Belt Teams must perform a single Pattern of their choice, taking into account that all Degree Patterns are enabled but always considering that they will be able only to perform only the Pattern corresponding to the lowest Degree of the Competitor participating on the Team.

4.2.3 Self-defense routine (Ho Sin Kyong Gi)

Female and Male Grade and Degree holders in Children, Juniors, Adults and Veterans are allowed to compete.

- Self-defense routine must consist of 1 male hero + 2 male attackers and 1 female hero + 2 male or mixed attackers.
- Hero must wear an Official ITF Dobok and should be barefoot.
- The team will have only ten (10) second introduction before the hero shouts “Ya”.
- Competitors should perform within a minimum of 40 seconds and a maximum of 60 seconds. Two points will be deducted for two seconds under or over the time period; any more will result zero (0).
- Degree holders Junior and Adults (Male-Female) Technical Content:
The Hero should at least perform the following techniques during his/her performance:
 - 1 Simple Jumping Foot technique
 - 1 Double or Triple Jumping Foot Technique
 - 1 Jumping Foot Technique in Two Directions
 - 2 Dodging Techniques
 - 1 Gripping Technique (Takedown)
 - 1 Weapon Defense Technique (against Stick, Knife, etc)
 - 1 Double Blocking Defense and Double Counterattack
- In Veterans, the Hero is not obliged to perform compulsive kicking techniques in the air. In all other cases, the technical content remains the same as in the Junior and Adult categories.
- Methodology:
 - Enter and bow in front of the camera
 - Preparation of Action maximum 15 seconds
 - Start in Hero's combat position.
 - End with Hero's combat position with Kiap shouting
 - Bow in front of the camera

IMPORTANT NOTE: PARTICIPANTS IN SELF DEFENSE ARE NOT OBLIGED TO COMPETE IN INDIVIDUAL DISCIPLINES

4.3 VIDEO PRODUCTION REQUIREMENTS:

4.3.1 The camera should be positioned and fixed straight in front of the athlete in the starting position in 16:9 mode only.

4.3.2 The camera should be placed at a height of 110-130 cm from the ground and sideways (16:9) approximately at the height of the eyes of a referee sitting in a chair. Videos made in any other mode rather than (16:9) will be disqualified.

4.3.3 The distance of the camera from the athlete should allow the athlete to remain within the frame during the pattern execution but allow all the details of the performance to be well distinguished. Any part of the body outside the frame will be penalized with a Zero.

- 4.3.4** No zoom is allowed at any time of the video.
- 4.3.5** Stable plan when performing each technique is a must.
- 4.3.6** If during the execution of a technique the athlete might go out of the frame, the camera can be rotated to follow the athlete, but it cannot zoom in or move from the original point.
- 4.3.7** No objects should cover the spotters or parts of his body.
- 4.3.8** The athlete must be barefoot.
- 4.3.9** The video should have clear sound and the athlete's exhalations must be clear.
- 4.3.10** The video must be continuous one frame and may not be edited in any manner.
- 4.3.11** Any editing, interference or enhancements to the video are strictly prohibited.

4.4 PATTERNS PRESENTATION

4.4.1 Team competition:

- 4.4.1.1** The video will begin with the Bowing directed by the Captain and the Team formed in line outside the area of competition in front of the camera.
- 4.4.1.2** Immediately they will move forward until they are in the formation chosen for the realization of the Pattern. From the first greeting to the beginning of the Pattern, it should not exceed 15 seconds.
- 4.4.1.3** Once the Pattern is finished, the captain must give the order to stop and rest;
- 4.4.1.4** After the final Bow, end of the video.

IMPORTANT NOTE: ALL THE TEAM MEMBERS COMPETING IN TEAM PATTERNS MUST PARTICIPATE IN THE INDIVIDUAL COMPETITIONS AS WELL. .

4.4.2 Individual competition:

- 4.4.2.1** Video starts at Cha-ryeot
- 4.4.2.2** The athlete greets Taekwon
- 4.4.2.3** Athlete takes the Joon-bi position for the pattern to be performed
- 4.4.2.4** Pattern execution starts
- 4.4.2.5** After the pattern is completed and after shouting the name of the pattern, the athlete returns to the Joon-bi position and waits 2-3 seconds in the Joon-bi position.
- 4.4.2.6** End of the video.

4.5 QUALIFICATION

4.5.1. General Principles of Qualification

- 4.5.1.1.** Only ITF affiliated athletes registered in the ITF Database at the ITF Official Online Platform and bearing a valid ITF ID are allowed to participate at the World Championships.

4.5.2.1 Children

6 - 10 years old (split into 6-8 y.o. and 9-10 y.o.)

4.5.2.2 Cadets

11 - 13 years old

4.5.2.3 Juniors

14-15 years old

4.5.2.4 Youth U-18

16-17 years old

4.5.2.5 Adults

18 to 34 years old

4.5.2.6 Veterans

A- From 35 to 45

B- From 45 to 59

C- 60 up

4.5.3 Divisions by age and rank:

Children (6-10 y.o.): 9 Grade; 8-7 Grade; 6 to 5 Grade; 4 to 3 Grade; 2 to 1 Grade; I Degree

Cadets (11-13 y.o.): 9 Grade; 8-7 Grade; 6 to 5 Grade; 4 to 3 Grade; 2 to 1 Grade; I Degree

Juniors: 9 Grade; 8-7 Grade; 6 to 5 Grade; 4 to 3 Grade; 2 to 1 Grade; I Degree, II Degree;

Youth U-18: 9 Grade; 8-7 Grade; 6 to 5 Grade; 4 to 3 Grade; 2 to 1 Grade, I, II, III Degree;

Adults: 9 Grade; 8-7 Grade; 6 to 5 Grade; 4 to 3 Grade; 2 to 1 Grade; I, II, III, IV, V, VI Degree;

Veterans: 9 Grade; 8-7 Grade; 6 to 5 Grade; 4 to 3 Grade; 2 to 1 Grade; I, II, III, IV, V, VI Degree;

4.6 UMPIRES

Umpires are selected by the Umpire Committee and are invited personally.

The Umpire's dress code will consist of a navy-blue blazer jacket, white long-sleeved shirt, navy blue trousers, navy blue necktie, white short socks and white sport shoes as stated in the ITF Umpire rules. Umpires should have International Umpire A certificate.

Umpires should record and upload a 3-5 min. personal video made from front while at work at the computer in the proper attire.

4.7 COACHES

Human Coaches are not present during online competitions.

The ITF Cyber Arena **Virtual Coach** will automatically step in for a competitor to make a protest in case Zero is given by any of the Umpires.

4.8 AWARDS FOR PARTICIPANTS

4.8.1 All participants will receive an electronic Certificate of Participation, signed by the ITF President and the Chairman of the Organizing Committee delivered by email.

4.8.2 All Winners will be awarded e-Diplomas signed by the ITF President and the Chairman of the Organizing Committee and the Medals.

4.8.2.1 e-Diploma,s signed by the ITF President and the Chairman of the Organizing Committee, delivered by email;

4.8.2.2 Within 1 month after the end of the Championships, the Medals will be sent by post from the Organizing Committee in Germany to all the respective NGBs the winners belong to.