



세 소 식



# I.T.F. NEWSLETTER

국 제 태 권 도 연 맹

International Taekwon-Do Federation

Third Quarterly Issue (July, August, September)

## Another New Milestone.

Sofia, capital city of Bulgaria hosted the 18<sup>th</sup> World ITF Taekwon-Do Championship putting another new milestone for the promotion of original Taekwon-Do all over the world. The City, proud of long history of its tradition reserved unparalleled generosity and jealous hospitality to all the participants who came in this lovely land from different parts of the planet to attend the event thus displaying high skills of Taekwon-Do techniques and moral aspects through the whole process of competitions.

The Championship took place from 17<sup>th</sup> July 2013 to 21<sup>st</sup> July 2013 at the inner gymnasium "Armetz" in Sofia under the presence of more than 400 competitors, coaches and technical staffs from 69 countries.

The overall scores are tangent proofing of the results of each competitor and of each country's hard training to crown the event with great successes.

Parallel to the competitions, the 2<sup>nd</sup> round EB meeting took place on 16<sup>th</sup> July 2013 at the room "Topaz" of Hotel "Princess" and dealt different items of significant importance in ITF activities for final adoption at its Congress.

The ITF 23<sup>rd</sup> Congress held on 17<sup>th</sup> 2013 at the conference room "Opal" of Hotel "Princess". 125 representatives representing their respective NGBs took part in its work. The Congress reviewed all the decisions taken by the EB meeting and adopted accordingly thus bringing its contribution to the consolidation of ITF families.

The EB meeting and the Congress were chaired in person by Prof. Dr. Chang UNG, ITF President. He invited all the participants to keep a minute silence-tribute to the memory of late General Choi Hong Hi, Legendary Founder and first President of ITF.

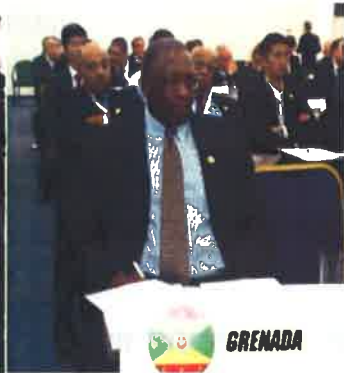
He summarized up all ITF activities since the last Congress and put forward some important tasks ahead of us. The EB meeting and Congress exhausted all agenda successfully amid of great expectations and hopes of all original Taekwon-Do practitioners all over the world.













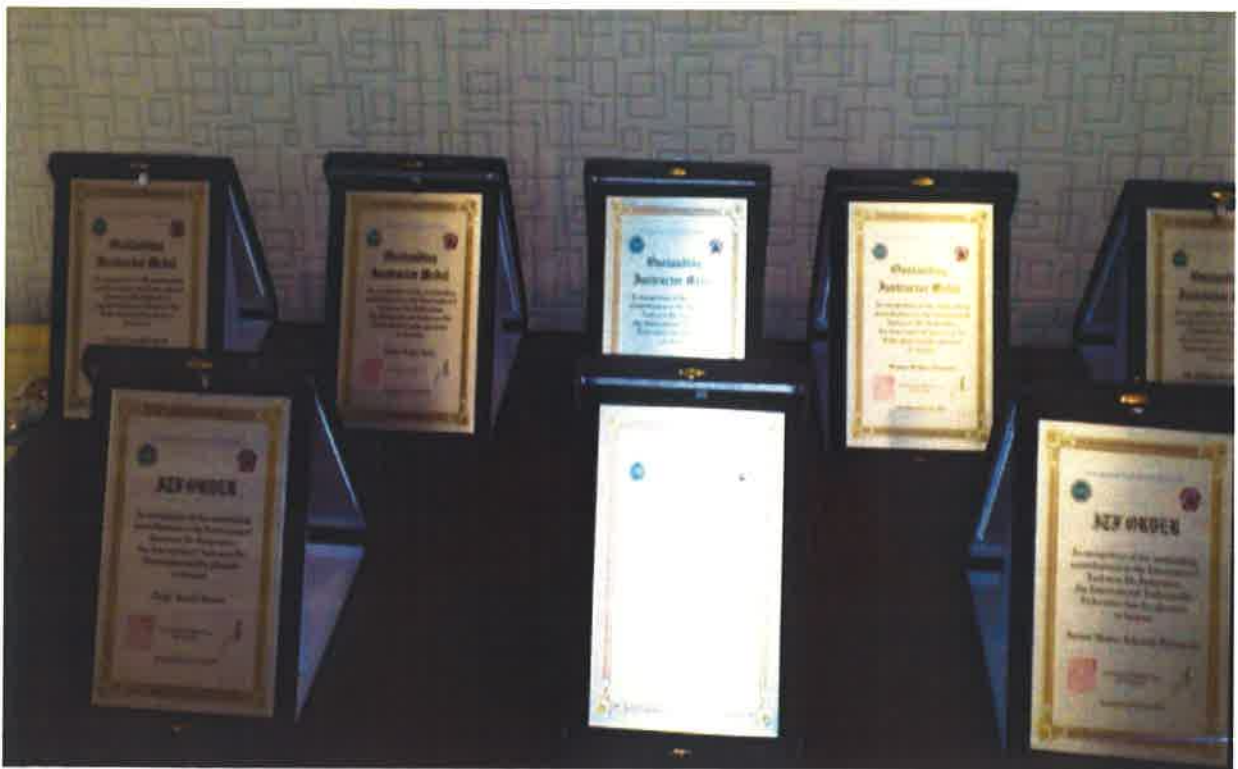












## President's activities: new horizon.

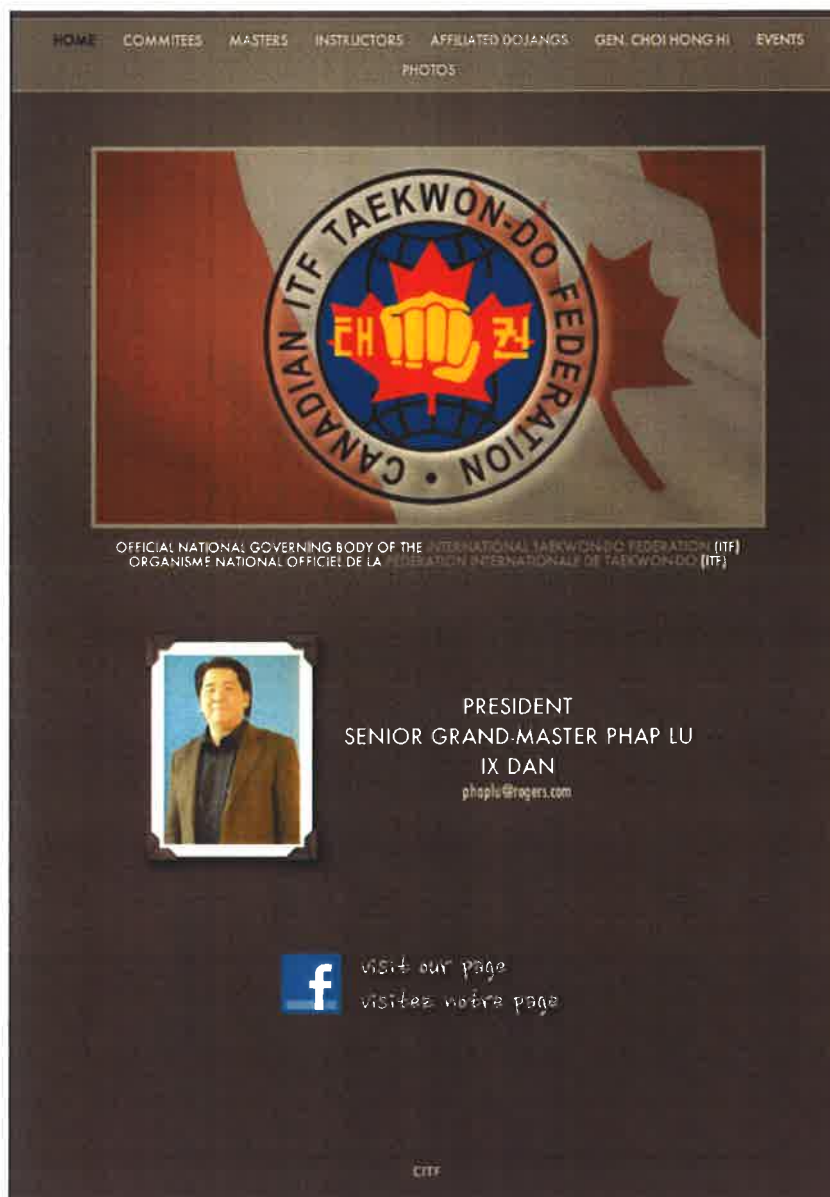
Prof. Dr. Chang Ung, ITF President and IOC member met Dr. Chou Chungwon, WTF President in Buenos Aires on the occasion of 125<sup>th</sup> IOC session. Both Presidents got very friendly and constructive talks of common and vital interests of both Federations. A halo appears round a long journey foot-printed by Taekwon-Do pledging to realize into reality its so long cherished dream. Changes must to come and they are now on the way to embrace our bright future.





## NGBs Activities.

- Former Canadian Taekwon-Do Group (CNTG) baptized by a new name of Canadian ITF Taekwon-Do Federation (CITF) and was registered as a new non-profit organization under Canadian law. CNTG was thereafter dissolved.



- Chinese International Taekwon-Do Federation (CITF) hosted 100<sup>th</sup> anniversary of Cultural Festivities at Dulong, inner Mongolia. On the invitation of CITF, Korean Taekwon-Do demonstration team was sent to the event to honor the festivities by demonstration of its high skills and techniques of Taekwon-Do. SGM. Prof. Hwang Ho Yong, ITF SVP represented ITF at the event in the name of Prof. Dr. Chang UNG.

- Bosnia-Herzegovina ITF formed new leadership. Following the decision of the board, Mr. Kusmuk Dusko is reelected to the post of president and Mr. Savic Zoran, to the post of secretary general of ITF of Bosnia-Herzegovina.
- On 5<sup>th</sup> September 2013, ITF Indonesia hosted an event of Martial Arts of ITF Taekwon-Do under the guidance of its Secretary General Mr. Chandra Lesmana. This event was honored by the presence of Mr. Enison Liauw from ITF Hamburg, Germany who brought his personal contribution to the success of the event.



- 8th General Choi Memorial ITF Taekwon-Do Championships concluded.

The 8th General Choi Memorial ITF Taekwon-Do Championships and National Taekwon-Do Festival -2070 have concluded in 15th September 2013 in Tansen city of Nepal situated in Palpa District. In the opening ceremony of the Championships, Mr. Kuber Singh Rana (Inspector General of Nepal Police) has inaugurated the championships with lifting the light as the chief guest and also has addressed his valuable speech in the ceremony. Mr. Resham Lal Lama (Board member of National Sports Council of Nepal), Mr. Prakash Chandra Ghimire (Departmental Chief of National Sports Council of Nepal) and Mr. Shivraj Joshi (Chief District Officer of Palpa) have addressed their blessing speech to Championships.

The Political leaders from Palpa District, Nepal ITF's leaders and members, Chief of Security forces, Journalist, Business man and thousand peoples were attended with keenly interest. 650 participants including 513 competitors from more than 42 clubs/dojangs/schools/ have participated in the championships. The championships were organized by Nepal International Taekwon-Do Federation (Nepal ITF) and managed by Palpa District ITF Taekwon-Do Association (Palpa ITF) under the presidency of Mr. Rewat Bahadur Rana (Chairman of organizing committee and General Secretary of Nepal ITF) in the memory of Founder of

Taekwon-Do Late. General Choi Hong Hi. Mr. Nir Bahadur Saru (president of Palpa ITF) has welcomed to all invited guests and participants. Mr. Dev Pachvaiya (Station manager of Shreenagar FM Radio) has announced to overall program. Championships were run for 3 days starting from 13th Sept, 2013. National TV, News papers, FM Radio and Local Medias have totally focused and covered the news of championships.



## Seminars.

- The Taekwon-Do Federation ITF of Vladimir region organized an International Instructor Seminar in SUZDAL from 22<sup>nd</sup> Sep. 2013 to 25<sup>th</sup> Sep. 2013. This seminar was conducted in person by SGM. Prof. Hwang Ho Yong, ITF Senior Vice President.





- The annual national technical training course of International Taekwon-Do Federation Malaysia (ITFM) was held on 23-25 August 2013 in Cameron Highlands Perak Malaysia. Over 60 instructors and assistant instructors attended this course leading to the renewal of their national instructor level 1-3 certifications. Conductors were SM Tan Chek Si, SM Mohd Azwan Khoo, SM Chan Kum Lau, SM Tan Eng Kiat with the assistance of Master Ong Siong Wee, Master Ravichanthiran, Ms Lee Sock Cheng, Mr. Lee Yu Jin and Mr. Sitt Soong Kooi. Participants enjoyed themselves and took serious active part in the training. An open dialogue was held on the last day to exchange constructive feedbacks as well as suggestions for the improvement and betterment of ITF Malaysia.



NATIONAL ITF TAEKWON-DO TECHNICAL TRAINING COURSE  
 INTERNATIONAL TAEKWON-DO FEDERATION MALAYSIA (ITFM)  
 23 - 25 AUGUST 2013



**New NGB formed.**



A new NGB was formed in Uganda under the name of Uganda Taekwon-Do Association-ITF. It was registered on 17<sup>th</sup> June 2013 with the National Council of Sports as an Association of Taekwon-Do-ITF.



### **Title of Professorship awarded.**

The Government of DPR of Korea made public its decision on the 28<sup>th</sup> August 2013 to award to SGM. Hwang Ho Yong, ITF SVP and Chairman of ITF Technical and Education Committee the title of Professorship of DPR of Korea. The TKD of Korea officially informed ITF HQ of the country's government decree regarding the Order that SGM. Hwang fully deserves for his notorious contributions to the promotion of original Taekwon-Do promotion as theoretically as practically since the first inception of his Taekwon-Do carrier.

His main bibliography is as following:

- 1) Some questions about TKD Patterns (Tool) Education
- 2) On the necessity of specifying competitions' regulations in compliance with its pedagogical principles
- 3) To update sparring's rules for the betterment of TKD Technique's Superiority
- 4) Textbook of TKD for Children and Old- aged people
- 5) Taekwon-Do and Health



- 6) Education of Taekwon-Do Motto
- 7) Analysis of the denominations of TKD's main motions
- 8) Combination of International Umpires' course with Technical Seminar
- 9) New Obligations and Rules for the Conductors of International Courses
- 10) TKD-Traditional Martial Art of Korean Nation
- 11) To rename TKD Power competition's discipline
- 12) Summary of International Technical Course
- 13) Summary of International Instructors Course
- 14) Reference Guides for International Instructors and so on.

He has so far formed several hundred International Instructors and International Umpires through International Technical Courses, International Instructors Courses and International Umpire Courses along with Courses for International Courses Conductors that he managed to organize and carry on for the sake of TKD Promotion in DPRK and also around the world.

## Anniversary.

-Nepal ITF celebrates the 16<sup>th</sup> Anniversary Day  
Kathmandu, 7<sup>th</sup> August, 2013

Nepal International Taekwon-Do Federation (Nepal ITF) has celebrated the 16<sup>th</sup> Anniversary Day on 6<sup>th</sup> August, 2013. On the auspicious of occasion of the anniversary day The National Black Belt grading, Economic donation to disabled children's and awarding ceremony were also organized from 2<sup>nd</sup> -6<sup>th</sup> August, 2013 in Kathmandu, Nepal.



The players of 242 were participated in National black belt grading Programme. The board members of Nepal ITF were attended to the programme for the Economic Donation to disabled childrens. Mr. Kumar Thapa Magar has handover the cash amount of Rs. 13313/- to the president of Nepal disabled welfare centre where 17 disabled childrens have been adopted.



Through the Awarding ceremony Mr. Bhim Bahadur Tamang from Nepal Army and Miss.



Pooja Khulal Magar from Kathmandu district were awarded as the best players of the year 2012. Like ways, Mr. Prabin Kumar Karki from Morang District and Sarlahi district ITF Taekwon-Do Association were also awarded as the Best Instructor of the year 2012 and the best Association of the year 2012 respectively. Mr. Yubraj Lama (Member secretary of National Sports Council of Nepal) has distributed the Cash prizes of Rs. 5000/- and Awarding letter to all best nominees during the 16<sup>th</sup> Anniversary Day. Mr. Rewat



Bahadur Rana (Gen. Secretary of Nepal ITF) has coordinated the all programme during the Anniversary day.

The most of National TV Channels, Medias, newspapers and FM radios fully covered the programme's news.

Reported by; Rewat Bahadur Rana, Gen. Secretary. Nepal ITF.



## Aloe Vera.



**Dear All,**

We are very pleased to have completed our first round of introduction communications. We already have great interest with Brazil and are working towards an agreement for exclusive distribution. Our contact there is currently reviewing import regulations and setting up an import company. We are also in discussions with Canada and awaiting further information on import regulations.

Other Countries we are speaking with are Finland, Afghanistan.

In the past six weeks we have made contact with all the NGB's and written to the President, Vice President or Secretary Generals. Based on initial discussions and feedback, we feel there are two areas of interest.

1. Exclusive distribution for the full range of Natural World of Aloe Vera products to market within the country based on home market, capital strength etc.
2. Distribution of an official ITF Taekwon-Do range to be marketed directly through the members and affiliated Dojangs direct to students.



We are formulating and designing three products which we can promote as “the official ITF Taekwondo products”.

The topical products are to be used for muscle aches and pains, and to warm up the muscles before workouts and training and the drink for energy and re-hydration.

- Aloe Vera Heat Rub
- Aloe Vera Oil Liniment
- Aloe Energy Sports Hydration Drink

The aim is that these products will be used by your students and marketed as part of their “student training supplies” and sold through all the martial arts centres and affiliated members or online via your web sites under the student training and supplies sections.

We are also formulating a natural energy sports hydration drink as “the official Taekwon-do drink”.

The brand and labelling of these products are personalised for Taekwon-Do.

Kindest regards,

Jennifer Mc Dougall  
Founder

Felicity Vergheze  
International Business Development Manager  
[felicity.naturalworld@aloevera.com.au](mailto:felicity.naturalworld@aloevera.com.au)

**P.S: This is the link to the survey.**

The survey has been created via Survey Monkey which is an online survey. When your NGB officials complete this we will be able to monitor the responses and give you feedback.

Thankyou very much, we appreciate this opportunity to gather necessary information.

Best Regards  
Jennifer Mc Dougall

<http://www.surveymonkey.com/s/DD3RHG8>